

The Hickory Hills Park District Dance Program runs for approximately 29 weeks from September 13 - May 11.

Please ask for a calendar or check on our website for the current calendar & days off.

BEGINNER BALLET: Ages 3-5 years: In this level we focus on dance and rhythm using exercises that enable the child to discover musicality and creative movement. We will also concentrate on the beginnings of ballet such as skips, gallops, walks, plies, port de bras, and attention to clean and consistent footwork. **BALLET LEVELS 1 - 5: Ages 5 years & up:** In these levels we use floor exercises that promote coordination, strength and flexibility. As the levels increase additional focus will be placed on the following ballet technique: proper body placement and carriage of the arms and head, free movement, jumps, and traveling across the floor. It is also important that a student learns how to feel and correctly utilize the center core of their body which is the basis of balance and strength in dance. **BALLET LEVEL 6/ADVANCED BALLET: High School Age and/or invitation only:** At this level students should understand advanced concepts of ballet such as placement and alignment of the body, clean footwork, positions of arms and feet, and correct muscle use. The training and expectations, both technical and behavioral, intensifies.

BEGINNER POINTE: Students in Level 5 Ballet ready to start pointe classes will be allowed on pointe only at the discretion of the teacher. The teacher must be sure the child has strong ankles, feet, and center core. Pointe work takes a great deal of strength and focus and should only be taken by students willing to apply these concepts in class. **ADVANCED POINTE:** Must have instructor permission to register for this class. Students should also be able to execute strong pointe work at the barre and exercises such as relevés and échappés in the centre.

TAP LEVELS 1&2: Ages 5-9 years: Children will have fun learning basic tap steps emphasizing basic motor control and rhythmic concepts. **TAP LEVELS 3&4: Ages 9-12 years:** Students will progressively build upon fundamental tap techniques arranged in combinations and performed in the recital. Students will improve the speed and articulation of their footwork in these levels. **TAP LEVELS 5 & 6: Ages 13 years & up:** Students at this level will continue to improve the quality of the rhythm. They will demonstrate ability to dance with equal emphasis on the musicality, level appropriate tap technique, posture, and sounds. They will continue to improve the speed and articulation of their footwork.

JAZZ LEVELS 1 - 5: Ages 6-13 years: This is a high-energy dance class, which develops flexibility, rhythm, extension, balance, speed and strong movement in dancers, preparing them for a lifetime of dancing. **JAZZ LEVEL 6: High School Age and/or Invitation Only:** This class builds upon the movements and technique that students have already learned. It incorporates many styles of Jazz technique including: Broadway, contemporary, jazz funk & lyrical. **ADVANCED JAZZ/HIP HOP: High School Age and/or Invitation Only:** This class builds upon the movements and technique that students have already learned. It incorporates many styles of Jazz technique including: Broadway, contemporary, jazz funk & lyrical. Students will learn different hip hop techniques. Training and expectations, both technical and behavioral, intensifies. A guest teacher may choreograph a Hip Hop piece for the recital. **ADULT JAZZ: Ages 18 years & up:** This is a high-energy dance class, which develops flexibility, rhythm, extension, balance, and provides a fun environment for adults to learn a routine for the recital.

HIP HOP LEVELS: Beginner is for students in Jazz levels 1, 2 or 3. Intermediate is for students in Jazz levels 4, 5 or 6. Students will learn different hip-hop techniques. We will use the latest sounds in R&B, alternative rock, acoustic and pop music.

HHPD COMPANY DANCERS/PERFORMANCE TEAM The HHPD company dancers have a lot going on this year. A company dancer will be able to take part in the following optional activities depending on your own schedule and commitment: Weekend dance convention in Chicago (approx. cost per dancer is \$150), weekend dance competition in Chicago (approx. cost per dancer is \$25 per dance), a performance at Great America (approx. cost per dancer is \$25), a performance and masters class at Disneyland, and a masters class with a professional dancer in Las Vegas (cost per dancer for the entire trip is \$1,500 for 10 days). In the past HHPD company dancers have performed at Great America, Disney World, Disneyland, Dance Chicago (where tickets must be ordered via ticket master - we are currently waiting for our 2011 acceptance) and in the Nutcracker. **You must register for at least one other class (tap, ballet, jazz or hip hop) in addition to our competition classes. You cannot just take a competition class.**

SPECIAL NOTES:

* It is recommended you attend the first day of class with your child. Important information will be sent home about where to buy shoes, days off, emails and our website.

* Please make sure the office has an e-mail address on file. This is the only way to stay updated with important information about your child's class. We have over 200 households in our classes, we are unable to call everyone.

* Register early! The Park District cannot save a spot in any class for any reason. All classes are held at the Cynthia Neal Center.

* There is **NO VIDEO TAPING** allowed in any programs except for the designated time before the recital.

* Spring recital costumes average between \$40.00 and \$50.00 per class. Nude leotards are **required for all costume changes**. The cost of the leotard is \$12.00. Tan tights are also **required**. The cost of the tights is \$6.00.

* This year's recital is tentatively set for Sunday, May 13th at Carl Sandburg High School, time is 1:00 & 4:00 p.m. Ticket sales will be a random draw from the floor right, center or left, or balcony. This may change between now and then.

* All of our instructor permission classes are our elite dancers. These classes are available by invitation only. For more information see Tammy in the office or speak with Miss Liz.

* If you do not see your experience level listed, please leave information at the office and our instructors will try to accommodate you.

DANCE SCHEDULE

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Tuesday Classes					
Time	Class	Level	Instructor	Program #	Fees
4:00 - 4:30 p.m.	Ballet	Beginner	Natalie	602602-01	\$104R/\$109NR
4:30 - 5:00 p.m.	Ballet	Level 1	Natalie	602602-02	\$104R/\$109NR
5:00 - 5:30 p.m.	Tap	Level 2	Natalie	602601-01	\$104R/\$109NR
5:30 - 6:00 p.m.	Jazz	Level 2	Natalie	602633-01	\$104R/\$109NR
6:00 - 6:30 p.m.	Ballet	Level 2	Natalie	602602-03	\$104R/\$109NR
6:30 - 7:00 p.m.	Tap	Level 4	Natalie/Amanda	602601-02	\$104R/\$109NR
7:00 - 7:45 p.m.	Jazz	Level 4	Natalie/Amanda	602633-02	\$114R/\$119NR
7:45 - 8:30 p.m.	Ballet	Level 4	Natalie/Amanda	602602-04	\$114R/\$119NR
Wednesday Classes					
4:00 - 4:30 p.m.	Ballet	Beginner	Miss Brittney	602602-05	\$104R/\$109NR
4:30 - 5:30 p.m.	Jazz Level 6	Instructor Permission	Miss Liz	602633-03	\$124R/\$129NR
5:30 - 6:30 p.m.	Ballet Level 6	Instructor Permission	Miss Liz	602602-06	\$124R/\$129NR
6:30 - 8:00 p.m.	Competition 4	Instructor Permission	Miss Liz	602604-01	\$184R/\$189NR
8:00 - 9:30 p.m.	Adv. Jazz/Hip Hop	Instructor Permission	Miss Liz	602633-04	\$184R/\$189NR
Thursday Classes					
4:30 - 5:30 p.m.	Competition 1&2	Instructor Permission	Miss Liz	602604-02	\$124R/\$129NR
5:30 - 6:30 p.m.	Competition 3	Instructor Permission	Miss Liz	602604-03	\$124R/\$129NR
8:00 - 9:00 p.m.	Jazz	Adult	Miss Liz	602633-05	\$124R/\$129NR
Friday Classes					
4:00 - 4:45 p.m.	Hip-Hop	Beginner	Mr. Danny	602605-01	\$114R/\$119NR
4:45 - 5:30 p.m.	Jazz	Level 3	Mr. Danny	602633-06	\$114R/\$119NR
5:30 - 6:15 p.m.	Ballet	Level 3	Mr. Danny	602602-07	\$114R/\$119NR
6:15 - 7:00 p.m.	TBA	TBA	Mr. Danny		\$104R/\$109NR
7:00 - 7:45 p.m.	Hip-Hop	Intermediate	Mr. Danny	602605-02	\$114R/\$119NR
7:45 - 8:45 p.m.	Ballet	Level 5	Mr. Danny	602602-08	\$124R/\$129NR
8:45 - 9:45 p.m.	Jazz	Level 5	Mr. Danny	602633-07	\$124R/\$129NR
Saturday Classes					
9:00 - 9:30 a.m.	Ballet	Beginner	Miss Brittney	602602-09	\$104R/\$109NR
9:30 - 10:00 a.m.	Ballet	Level 1	Miss Brittney	602602-10	\$104R/\$109NR
10:00 - 10:30 a.m.	Tap	Level 1	Miss Brittney	602601-04	\$104R/\$109NR
10:30 - 11:00 a.m.	Jazz	Level 1	Miss Brittney	602633-08	\$104R/\$109NR
11:00 - 11:30 a.m.	Tap	Level 5	Miss Liz	602601-05	\$104R/\$109NR
11:30 a.m. - 12:00 p.m.	Tap	Level 6	Miss Liz	602601-06	\$104R/\$109NR
12:00 - 12:30 p.m.	Beg/Int Pointe	Instructor Permission	Miss Liz	602602-11	\$104R/\$109NR
12:00 - 1:00 p.m.	Advanced Pointe	Instructor Permission	Miss Liz	602602-12	\$124R/\$129NR
1:00 - 2:00 p.m.	Advanced Ballet	Instructor Permission	Miss Liz	602602-13	\$124R/\$129NR
2:00 - 3:00 p.m.	Advanced Lyrical	Instructor Permission	Miss Liz	602604-04	\$124R/\$129NR
3:00 - 4:00 p.m.	Competition 5	Instructor Permission	Miss Liz	602604-05	\$124R/\$129NR
4:00 - 5:00 p.m.	Competition 6	Instructor Permission	Miss Liz	602604-06	\$124R/\$129NR

HHPD COMPANY DANCERS/PERFORMANCE TEAM AUDITIONS: In order to be part of the HHPD company dancers you must attend the audition Wednesday, September 7, 2011. Please be advised of the recommended times.

1st - 8th grade - 4:00 p.m. call time - released no later than 7:30 p.m.

602604-08

8th grade - High school - 6:00 p.m. call time - released no later than 10:00 p.m.

602604-09

If you can only attend at a certain time you may be video taped for a judge to observe your performance against other dancers your age. If you are unable to attend the audition you will be placed on a competition team based on Miss Liz's recommendation. You must still pay for the audition and see the office for different times. All dancers trying out will make the company dance team. The level will be based on your technique. A \$20 dollar registration fee is required for all competition team's audition. This covers judges' fees. You will not be allowed to audition without that registration.

2011 Competition Level Requirements

Level 1&2 - Clean single turns, working on or having mastered clean doubles, pointed toes on all leaps, kicks etc. **Level 3** - Clean doubles, pointed toes on all leaps, kicks etc., leaps in 2nd are mastered; switch leaps are clean, fuede turns are clean in 2nd position and in pikiej. **Level 4 - 6** - Clean triples, pointed toes on all leaps, fully extended legs, all of the following leaps are mastered: switch, C, calypso, 2nd, ring; spotting fuetes without losing center will be expected of this level.