

# TUMBLEBEAR GYMNASTICS

## Pre-Nastics

Our classes are unique because we teach gymnastics in a fun and innovative manner. Our lesson plans help to develop coordination, balance, motor skills, body awareness and self confidence. Our goal is a fun, nurturing environment where little ones can develop sound positive feelings about themselves and learning. Join the fun this summer!!

**Dates:** August 10 - September 21      211250-01  
**Day:** Monday  
**Time:** 5:15 - 5:50 p.m.  
**Ages:** 3 - 5 years  
**Instructor:** Tumblebears Gymnastics, Inc.  
**Location:** Krueger Park Gym North  
**Min/Max:** 6/14  
**Fee/Session:** \$56 Resident; \$61 Non-Resident

## School Age Gymnastics

Our focus is to teach your child gymnastics in a fun, safe, positive class but to encourage child to be more physically fit in today's society. This program helps to improve a child's strength, flexibility, balance, and coordination. Join the class and help keep your child off the couch and to be active!!

**Dates:** August 10 - September 21  
**Time:** 4:30 - 5:15 p.m.      221251-01  
6:00 - 6:45 p.m.      221251-02  
**Ages:** 5 - 12 years  
**Instructor:** Tumblebears Gymnastics, Inc.  
**Location:** Krueger Park Gym North  
**Min/Max:** 6/14  
**Fee/Session:** \$56 Resident; \$61 Non-Resident

**NOTE:** All Summer Gymnastic classes are held on **Mondays** at the **Krueger Park Recreation Center**, 9100 S. 88th Ave. Gymnastics participants must be of age before the first class date. It is suggested that if you plan on attending both sessions that you register for the both sessions at one time to avoid losing your spot. **ATTIRE:** Long hair should be secured back. Students should wear comfortable, stretchable clothing, gym shoes, and no blue jeans, no jean shorts, no skirts.