

# YOUTH ACTIVITIES

## Hit & Run ~ Tennis

121158-02

These group lessons are designed for students who love the game of tennis. Students will participate in fun drills each week with a chance to earn ice cream treats. **NOTE: Players must bring their own racquet. Tennis balls will be provided.**

**Dates:** July 16 - August 20  
**Day:** Thursday  
**Time:** 5:00 - 6:00 p.m.  
**Ages:** 8 - 12 years  
**Location:** Krueger Park Tennis Courts  
**Min/Max:** 7/10  
**Fee:** \$40 Resident; \$45 Non-Resident

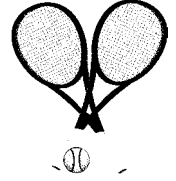


## Junior Tennis Stars

121161-02

Play exciting games and learn how to hit a forehand, backhand, volley, overhead smash and serve. Racquets will be provided. **NOTE: Class will be held outdoors. Kids will enjoy an ice cream treat after each class.**

**Dates:** July 13 - August 17  
**Day:** Monday  
**Time:** 5:00 - 5:50 p.m.  
**Ages:** 5 - 7 years  
**Location:** Krueger Park Tennis Courts  
**Min/Max:** 7/10  
**Fee:** \$40 Resident; \$45 Non-Resident



## South Suburban Traveling Fall Soccer League

Games will be played on Saturday afternoons or evenings and one game will be played on Tuesday, Thursday or Friday evening. About half of the games will be played in Hickory Hills. Practice dates are listed below and are tentative. Practice times to be determined by coach. Coaches will notify players of exact day, time and field location of first practice. **NOTE: Special requests are not guaranteed. If more than one child is registered and are in different divisions, please inform park staff at time of registration to consider during scheduling. Ages for divisions are as of August 1, 2020. Games begin in September. Fee includes jersey, shorts, socks, trophy or medal, and an awards ceremony at Haunted Trails (pizza & pop). DEADLINE FOR REGISTRATION IS August 31st.**

<b>Dates:</b> August - October	<b>Division:</b> Pee Wee Division:	<b>Ages:</b> 6 - 7 years	<b>Practice Days:</b> Tuesday	<b>Program #:</b> 221209-01
<b>Min/Max:</b> 12/20 per division	<b>Midget Division:</b>	<b>8 - 9 years</b>	<b>Mon &amp; Wed</b>	<b>221209-02</b>
<b>Fee:</b> \$90 Resident; \$95 Non-Res.	<b>Junior Division:</b>	<b>10 - 11 years</b>	<b>Mon &amp; Wed</b>	<b>221209-03</b>
	<b>Senior Division:</b>	<b>12 - 13 years</b>	<b>Tues &amp; Thurs</b>	<b>221209-04</b>

## MMA - Mixed Martial Arts

Our classes will provide a safe environment where students will learn the most effective styles of martial arts, infused with lessons on character development. Students will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills - all while having fun! This is done through our structured monthly curriculum. Students will focus on one Boxing, Kickboxing, Jujitsu and Wrestling technique each month. As well as two "Mat Chat's" where we cover important lessons such as: focus, confidence, gratitude and many others. **NOTE: No class September 7.**

**Dates:** June 15 - July 27      121108-01  
 August 10 - September 28      221208-01  
**Day:** Monday  
**Time:** 5:00 - 6:00 p.m.  
**Ages:** 5 - 11 years  
**Location:** Krueger Park Gym South  
**Min/Max:** 6/20  
**Fee:** \$84 Resident; \$89 Non-Resident

## Nerf Wars

121112-01

Grab your favorite Nerf Blaster and prepare for battle at Krueger Park. The gym will be set up with mats and obstacles to use for shields against the other team. Players must arrive on time for instruction on game play and go over safety rules. **Players must bring their own Nerf Blasters but no modified, fully automatic, or mega darts Nerf blasters will be allowed.** Pizza and pop will be provided for all participants.

**Day/Date:** Wednesday, August 12  
**Time:** 4:30 - 6:00 p.m.  
**Ages:** 8 - 12 years  
**Location:** Krueger Park Gym  
**Min/Max:** 8/16  
**Fee:** \$9 Resident; \$11 Non-Resident



## HICKORY HILLS PARK DISTRICT FISHING DERBY

Friday, August 28

Martin Park Pond, 89th Pl & 78th Ave.

More Information on Page 2.

### Rim Seekers

121178-01

This 7 week class is the perfect class for the future basketball star. By doing simple drills, kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Team work, good sportsmanship, and fun are all stressed in this exciting class. **NOTE: Fee includes a t-shirt.**

**Dates:** June 17 - July 29  
**Day:** Wednesday  
**Time:** 5:00 - 6:00 p.m.  
**Ages:** 10 - 14 years  
**Location:** Krueger Park Gym North  
**Min/Max:** 8/15  
**Fee:** \$40 Resident; \$45 Non-Resident



### I've Got Game

121123-01

Kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Team work, good sportsmanship, and fun are all stressed in this exciting class. **NOTE: Fee includes a t-shirt.**

**Dates:** June 17 - July 29  
**Day:** Wednesday  
**Time:** 5:00 - 6:00 p.m.  
**Ages:** 7 - 9 years  
**Location:** Krueger Park Gym South  
**Min/Max:** 8/15  
**Fee:** \$40 Resident; \$45 Non-Resident

### Outdoor Lawn Sports

121111-01

This class will teach your child the world of sports. Each week we will focus on learning new sports for them to play. Children will participate in various skills and drills according to the sport. This is a great way for children to play together and learn to work together on the field.

**Dates:** June 24 - July 15  
**Day:** Wednesday  
**Time:** 4:15 - 5:00 p.m.  
**Ages:** 5 - 13 years  
**Location:** Krueger Park Soccer Field  
**Min/Max:** 8/12  
**Fee:** \$28 Resident; \$33 Non-Resident



### Scooter Floor Hockey

126102-01

Scooter Floor Hockey is a roller sport combining floor hockey and roller scooters. This is a great game that burns energy, builds teamwork and strength coordination. This game is played 5 on 5 similar to street hockey with a goalie. Grab your friends, come to the park for a scooting good time. **NOTE: All equipment will be supplied and participants will receive a ball hockey t-shirt.**

**Dates:** July 7 - August 11  
**Day:** Tuesday  
**Time:** 4:15 - 5:45 p.m.  
**Ages:** 8 - 11 years  
**Location:** Krueger Park Gym  
**Min/Max:** 8/16  
**Fee:** \$40 Resident; \$45 Non-Resident



### Foosball & Ping Pong Tournament

135116-01

Join us for this one day tournament that will have a winner(s) crowned in foosball and ping pong at the end of the day. We will have participants play against one another in a double elimination tournament with prizes awarded to the winner. We will also provide pizza and refreshments for all the participants during the tournament.

**Day/Date:** Friday, July 24  
**Time:** 5:30 - 7:00 p.m.  
**Ages:** 8 - 12 years  
**Location:** Krueger Park Activity Rooms C  
**Min/Max:** 8/10  
**Fee:** \$9 Resident; \$11 Non-Resident



### Club Friday Night

232268-01

This Friday night party at Krueger Park is open to students attending St. Patricia, Conrady, Oak Ridge, Brodnicki, Glen Oaks and Wilkins Jr. High. All students must have an application on file at the Park District and must show a school I.D. (if available) to attend the Mixer. This mixer will be chaperoned by 5-6 adult volunteers. **NOTE: Volunteer adult chaperones needed. Call 708-599-7337 if interested.**

<b>Day/Date:</b> Friday, September 4	<b>Music</b>
<b>Time:</b> 7:00 - 9:00 p.m.	<b>Prizes/Contests</b>
<b>Ages:</b> 4th - 6th Grade	<b>Foosball</b>
<b>Location:</b> Krueger Park Gym	<b>Basketball</b>
<b>Fee:</b> \$5 (pay at the door)	<b>Dancing</b>

### S.P.Y.

126101-01

Love collecting Shopkins, Pokemon, or Yu-Gi-Oh Cards? Well it is time to come meet other kids that love to do the same. Time will be set to duel, trade, or just see what other kids have. Afterwards we will provide pizza and refreshments to everyone involved. Participants will get a chance to be in a raffle to win magnificent prizes. **NOTE: Park District is not responsible for any items being lost during the program.**

**Day/Date:** Wednesday, June 17  
**Time:** 4:30 - 6:00 p.m.  
**Ages:** 7 - 12 years  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 12/24  
**Fee:** \$6 Resident; \$8 Non-Resident

### Girl's Day

126117-01

Join us for this girl's only day where they will get to make bracelets, crowns, necklaces, and slime. Participants will get to bring in some of their dolls/toys to exchange with one another or just bring in to show. Participants will receive pizza and refreshment for a girl's night where no boys are allowed.

**Day/Date:** Wednesday, July 29  
**Time:** 5:00 - 6:30 p.m.  
**Ages:** 7 - 11 years  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 8/16  
**Fee:** \$5 Resident; \$7 Non-Resident



## Private Voice Lessons

Voice lessons will take place at Palos Music Instruction. Enjoy personalized voice lessons on musical styles ranging from classical to pop. All voice lessons focus on developing vocal range, pitch, tone production, breath control, enunciation, ear training, stage presence, and more. All lessons include warm-up exercises to improve breath control and to avoid damaging the vocal chords.

**NOTE: Each student will be placed in a 30-minute (private lesson) time slot. This is an 8-week program (1 lesson per week).**

**Dates:** June 15 - August 7 106127-01  
August 10 - October 2 206227-01

**Day:** Monday - Saturday

**Time:** 10:00 a.m. - 8:00 p.m. (30 minute time slot)

**Ages:** 5 years & up

**Location:** Palos Music Instruction, 10604 S. Roberts Rd.

**Min/Max:** 2/10

**Fee:** \$149 Resident; \$154 Non-Resident

\$10 discount for each additional family member up to 3

## Piano for All Ages

These 30-minute private lessons are designed for beginners and intermediate level learners. Children and adults are welcome to learn fundamentals of note reading, hand positioning, and fingering techniques while learning holiday music they enjoy. Lessons are taught by an experienced instructor at Palos Music Instruction that will focus on the student's needs and ability level. Upon registration the instructor will contact you to arrange the lesson time and discuss current music levels in order to determine the appropriate method book that will begin your piano lessons. **NOTE: Books may be purchased from instructor directly as needed. Students must have a piano or electric keyboard at home for practice purposes. This is an 8 week program (1 lesson per week).**

**Dates:** June 15 - August 7 126194-01  
August 10 - October 2 226294-01

**Day:** Monday - Saturday

**Time:** 10:00 a.m. - 8:00 p.m. (30 minute time slot)

**Ages:** 5 years & up

**Location:** Palos Music Instruction  
10604 S. Roberts Rd.

**Min/Max:** 2/10

**Fee:** \$149 Resident; \$154 Non-Resident

\$10 discount for each additional family member up to 3

## Ultimate Frisbee 131125-01

Ultimate Frisbee is a fun and challenging team sport! This class is designed for anyone that loves to play Frisbee and run. Bring your friends and come to the park for an Ultimate time. Frisbee's will be provided and a T-shirts will be given to all participants. Bring a water bottle to class. Games will be played every week and teams will be formed.

**Dates:** June 29 - August 3

**Day:** Monday

**Time:** 5:15 - 6:15 p.m.

**Ages:** 12 - 17 years

**Location:** Martin Park; 89th Pl. & 78th Ave.

**Min/Max:** 8/20

**Fee:** \$29 Resident; \$34 Non-Resident



## Private Guitar Lessons - 30 Minutes

These lessons are for beginner to advanced (acoustic or electric guitar). Instructor will structure progressive lessons based on students' individual needs and interest. **NOTE: Each student will be placed in a 30-minute (private lesson) time slot. All students must bring a guitar to class. Call Frank at Palos Music Instruction at 708-974-8002 to set up day & time for lessons. This is a 6-week program (1 lesson per week).**

**Dates:** June 15 - July 24 136195-02  
July 27 - September 4 236295-01

**Day:** Monday - Saturday

**Time:** 10:00 a.m. - 8:00 p.m. (30 minute time slot)

**Ages:** 5 years & up

**Location:** Palos Music Instruction, 10604 S. Roberts Rd.

**Min/Max:** 6/10

**Fee:** \$113 Resident; \$118 Non-Resident

\$10 discount for each additional family member up to 3

## Late Night Basketball 131103-01 3 on 3 Lock In

At this lock-in, everyone will enjoy basketball, music and contests to compete in to win gift cards to local restaurants in the area. Participants will form 3 on 3 teams for a chance to be the champions in this one day tournament. **NOTE: Fee includes supervision, open gym, pizza, refreshments, music, and prizes. A minimum number must be registered or the program may be cancelled.**

**Day/Date:** Friday, August 21

**Time:** 6:00 - 10:00 p.m.

**Ages:** 5th - 8th grade

**Location:** Krueger Park Gym

**Min/Max:** 12/24

**Fee:** \$8 Resident; \$10 Non-Resident

## Whirly Ball of Naperville 134102-01

WhirlyBall is not just a name...it's the name of the game, too. And one crazy-fun game it is! Up to ten players at a time play a game in souped-up bumper cars called WhirlyBugs with scoops and wiffle balls. Players must be 54 inches or taller to play. **NOTE: Participants must register by June 16th. Transportation to Naperville, a game of Whirlyball, pizza, soda, and an adult chaperone is included.**

**Day/Date:** Tuesday, June 30

**Time:** 11:00 a.m. - 3:00 p.m.

**Ages:** 11 - 17 years

**Location:** Bus departs from Krueger Park

**Min/Max:** 20/20

**Fee:** \$43 Resident; \$48 Non-Resident



## Ultimate Frisbee Fundamentals

121125-01

Ultimate Frisbee is a fun and challenging team sport! This class is designed to introduce fundamental skills and strategies of Ultimate Frisbee in a fun, competitive game environment. Players will develop individual skills such as throwing, passing, catching and running. Participants will receive a T-Shirt for the program. Bring a water bottle to class. As players improve in skill, games will be played and teams formed each week.

**Dates:** June 29 - August 3  
**Day:** Monday  
**Time:** 4:30 - 5:15 p.m.  
**Ages:** 7 - 11 years

**Location:** Martin Park; 89th Pl. & 78th Ave.  
**Min/Max:** 6/12  
**Fee:** \$29 Resident; \$34 Non-Resident



## Open Volleyball (Teens)

131176-01

Come and play with other teens during our open volleyball. Practice your serving, spiking, and volley skills with other teens. No spectators are allowed in the gym.

**Dates:** June 25 - August 6  
**Day:** Thursday  
**Time:** 6:00 - 7:00 p.m.  
**Ages:** 10 - 16 years  
**Location:** Krueger Park Gym  
**Min/Max:** 8/24  
**Fee:** \$3 (each day, pay at the door)



## Recreational Volleyball

121176-01

This instructional program for boys and girls will stress overhand serving, passing, setting, footwork and fun. Games will be held each week.

**Dates:** June 25 - August 6  
**Day:** Thursday  
**Time:** 4:30 - 5:45 p.m.  
**Ages:** 10 - 16 years  
**Location:** Krueger Park Gym  
**Min/Max:** 7/12  
**Fee:** \$37 Resident; \$42 Non-Resident

## School Age Gymnastics

Our focus is to teach your child gymnastics in a fun, safe, positive class but to encourage child to be more physically fit in today's society. This program helps to improve a child's strength, flexibility, balance, and coordination. Join the class and help keep your child off the couch and to be active!!

**Dates:** August 10 - September 21  
**Time:** 4:30 - 5:15 p.m. 221251-01  
6:00 - 6:45 p.m. 221251-02  
**Ages:** 5 - 12 years  
**Instructor:** Tumblebears Gymnastics, Inc.  
**Location:** Krueger Park Gym North  
**Min/Max:** 6/14  
**Fee/Session:** \$56 Resident; \$61 Non-Resident

**NOTE:** Late fees will be assessed for all programs if child is not picked up within 10 minutes of end time. Please see General Information (Child Pick-up Policy) for more information.

## Friday Hoops

Play basketball with your friends or just come out to shoot around. Pay at the door and enjoy fast break games. A maximum of 30 players will be allowed in the gym at one time. No spectators.  
**NOTE: Must have a school ID. No hoops August 21.**

**Dates:** June 12 - August 28  
**Day:** Friday  
**Grades:** 5th - 8th Grade 121136-01  
**Location:** Krueger Park Gym South  
**Grades:** 9th - 12th Grade 131136-01  
**Location:** Krueger Park Gym North  
**Time:** 6:15 - 8:45 p.m.  
**Min/Max:** 5/15 - 5th-8th Grade  
5/15 - 9th-12th Grade  
**Fee:** \$4 (each day, pay at the door)

## Outdoor Thursday Night Soccer

121141-01

This soccer league is for players 9 - 12 years of age. Each team will consist of 7-8 players. Each team will have one practice and play 6 games. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

**Dates:** June 18 - August 6  
**Day:** Thursday  
**Time:** 6:00 or 6:45 p.m.  
**Ages:** 9 - 12 years  
**Location:** Krueger Park Soccer Field  
**Min/Max:** 20/32  
**Fee:** \$31 Resident; \$36 Non-Resident



## Girl's Outdoor Soccer (Instructional)

121132-01

This program will focus on the basics of playing girl's soccer and getting ready for organized games as they get older. This instructional program will work on the basics of dribbling, shooting, and passing while enjoying some scrimmages. **NOTE: Each participant will receive a t-shirt.**

**Date:** June 15 - July 20  
**Day:** Monday  
**Time:** 6:00 - 7:00 p.m.  
**Ages:** 7 - 10 Years  
**Location:** Krueger Park Soccer Field  
**Min/Max:** 8/16  
**Fee:** \$33 Resident; \$38 Non-Resident

