

EARLY CHILDHOOD/YOUTH

Jr. T-Ball

111152-01

Jr. T-Ball is designed to allow children the chance to learn the basics in hitting, catching and base running. Kids learn how to hit a soft baseball off a "T". This is a recreational program. **NOTE: Children must have their own mitt. Fee includes a hat, t-shirt, award, and a pizza party at the last game. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

Dates: May 11 - June 15
Day: Wednesday
Time: 6:30 p.m. - 7:30 p.m.
Ages: 4-6 years
Location: Krueger Park Baseball Field
Min/Max: 18/27
Fee: \$39 Resident, \$44 Non-Resident

Little Sluggers (Instructional)

111198-01

Little Sluggers is designed to allow children the chance to learn the basics in hitting, catching and base running. Kids practice how to hit a soft baseball off a "T". This program will be a mix of practices and games throughout the season to help your little slugger become a major league slugger. **NOTE: Children must have their own mitt. Fee includes a hat, t-shirt, and award. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

Dates: June 23 - July 28
Day: Thursday
Time: 6:00 p.m. - 7:00 p.m.
Ages: 3 1/2-5 years
Location: Kasey Meadow Softball Diamond 1
Min/Max: 24/32
Fee: \$42 Resident, \$47 Non-Resident



Little Dribblers

121121-01

Even future stars have to learn the basics of dribbling, passing, shooting and rebounding. Players train in the game of basketball by participating in technical drills and exciting game competitions. Basket will be lowered for these all-stars.

NOTE: Fee includes a t-shirt.

Dates: June 15 - July 27
Day: Wednesday
Time: 4:15 p.m. - 5:00 p.m.
Age: 4-7 years
Location: Krueger Park Gym
Min/Max: 8/12
Fee: \$42 Resident, \$47 Non-Resident



BIRTHDAY PARTY PACKAGES

Planning a birthday party? Let us do the work! Sit back and relax while our staff plans your child's birthday party. All birthday party packages are 2-hours long and available on Saturdays & Sundays. Call for available days and prices. After you are done playing in the gym, you can go into the Activity room to eat pizza, open gifts, and sing. **ALL PACKAGES INCLUDE: Activity room set up of tables & chairs, refreshments, party decorations, pizza, gym setup, a Monster Truck Bounce, sports activities, 2-hours of fun, and a party assistant. There is an additional fee for parties that need additional time.**

Tot Party - Ages: 1-4 years - 106132-01 - This is perfect if you have a younger child that would love to play some activities in the gym like relay races, hula hoops, parachute, scooters, basketball, soccer, etc.

Fairy Tale Party - Ages: 1-10 years - 106132-02 - Before they head off to the fairy tale room, children can play in the gym. All the children will make a piece of jewelry or a princess crown. We will make each child feel like a fairy princess or prince.

Foosball & Sports Party - Ages: 5-12 years - 106132-03 - Included with the gym setup, participants will get to use our Foosball and sports equipment during their birthday party for tournaments or just some fun play.

Sports Party - Ages: 5-12 years - 106132-04 - There will be use of the gym by playing various games like soccer, dodge ball, basketball, tag, parachute, and other various games.

NOTE: Parents will be responsible for invitations and helping with the clean up. A minimum of 2 adults per 10 children is needed to supervise the party with the party planner. Minimum of 10-13 children fee is due when registering. Registration must be done two weeks in advance. Final payment and final count are due one week prior to your party. \$100 of your payment is non-refundable to secure the date and purchase supplies.

Location: Krueger Park Recreation Center, 9100 S. 88th Ave.

Fees: \$225 Resident (10-13 children); \$270 Resident (14-18 children)

\$235 Non-Resident (10-13 children); \$280 Non-Resident (14-18 children)

YOUTH & TEEN ACTIVITIES

Friday Hoops

Play basketball with your friends or just come out to shoot around. Pay at the door and enjoy fast break games. A maximum of 30 players will be allowed in the gym at one time. No spectators. **NOTE: Must have a school ID. No hoops July 22nd. CASH ONLY**

Dates: June 10 - August 19
Day: Friday
Grades: 5th - 8th Grade 121136-02
Location: Krueger Park Gym South
Grades: 9th - 12th Grade 131136-02
Location: Krueger Park Gym North
Time: 6:00 p.m.- 8:30 p.m.
Min/Max: 5/15
Fee: \$5 (each day, pay at the door)

Counselor-In-Training

The C.I.T. Program is designed especially for 14 - 17 year olds who are interested in learning how to work with children. The program's goal is to teach C.I.T. skills necessary for leadership. The teen must be mature, self-confident, and reliable.

He/She must possess initiative and have a genuine interest in assisting counselors with the daily activities involved in an outdoor summer camp setting. To apply for this program, call 708-599-7337. You must meet the following requirements to be considered:

1. You must be 14 years of age by June 6th, 2022.
2. You must complete an application form and return it to Krueger Park Recreation Center before June 1st, 2022.
3. A permission form must be signed by your parent/guardian.
4. Available for the dates of June 6th - August 5th.

Recreational Volleyball 121176-01

This instructional program for boys and girls will stress overhand serving, passing, setting, footwork and fun. Scrimmages will be held each week.

Dates: June 23 - August 4
Day: Thursday
Time: 4:30 p.m. - 5:45 p.m.
Ages: 10-16 years
Location: Krueger Park Gym
Min/Max: 7/12
Fee: \$40 Resident, \$45 Non-Resident

Flag Football 126174-01

Flag football is the perfect program for your young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" participants will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun & positive environment. Participants will also play the Punt, Pass, and Kick challenge to practice all aspects of the game.

Dates: July 16 - August 20
Day: Saturday
Times: 10:00 a.m. - 11:00 a.m.
Ages: 7-12 years
Location: Martin Park
Min/Max: 8/15
Fee: \$32 Resident, \$37 Non-Res

The Go Ape Ziplining Trip 124117-01

Come join us for a trip to Go Ape at Bemis Woods Forest Preserves for zip lining and climbing. The perfect introduction to aerial adventure, taking you into a parallel world up in the trees. Live in the moment whilst navigating suspended bridges, obstacles and zip lines. Immerse yourself in nature for one hour and inspire a love for the outdoors. You can do it! Engage every sense in a fully immersive and visually stunning forest setting. A Hickory Hills Park District Employee will meet you at the Go Ape Cabin to check in and fill out waivers. Price includes experience and equipment. Transportation is on your own. Adults can purchase tickets on site to join in the adventure. Min Height is 3 ft 3 in.

Date: July 29
Day: Friday
Time: 4:00 p.m. - 5:15 p.m.
Ages: 10-15 years
Location: Go Ape-Bemis Woods Forest Preserves
1100 Ogden Avenue,
Western Springs, IL 60558
Min/Max: 10/20
Fee: \$43 Resident, \$48 Non-Resident

Ultimate Frisbee Fundamentals

121125-01

Ultimate Frisbee is a fun and challenging team sport! This class is designed to introduce fundamental skills and strategies of Ultimate Frisbee in a fun, competitive game environment. Players will develop individual skills such as throwing, passing, catching and running. Bring a water bottle to class. As players improve in skill, games will be played and teams formed each week. Note: Participants will keep a frisbee after the duration of the class. **Note: No Class July 4**

Date: June 13 - July 18
Day: Monday
Time: 4:30 p.m. - 5:30 p.m.
Ages: 10-14 years
Location: Martin Park (89th Pl. & 78th Ave.)
Min/Max: 6/12
Fee: \$32 Resident, \$37 Non-Resident

YOUTH ACTIVITIES

Rim Seekers

121178-01

This 7 week class is the perfect class for the future basketball star. This class is going to be game based so your child will get to know the flow of playing in a real basketball game. Games will be played every week and will be paused throughout the game for teaching. Other games like 3pt contests, knockout, and free throw contests will also be played. Team work, good sportsmanship, and fun are all stressed in this exciting class.

NOTE: Fee includes a t-shirt.

Dates: June 15 - July 27
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 10-14 years
Location: Krueger Park Gym North
Min/Max: 8/15
Fee: \$41 Resident, \$46 Non-Resident



I've Got Game

121123-01

Kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Team work, good sportsmanship, and fun are all stressed in this exciting class. **NOTE: Fee includes a t-shirt.**

Dates: June 15 - July 27
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 7-9 years
Location: Krueger Park Gym South
Min/Max: 8/15
Fee: \$41 Resident, \$46 Non-Resident

MMA - Mixed Martial Arts

Students will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills – all while having fun! This is done through our structured monthly curriculum. Students will focus on one Boxing, Kickboxing, Jujitsu and Wrestling technique each month, as well as two “Mat Chat’s” where we cover important lessons such as focus, confidence, and gratitude.

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|---------------|--------------------------------------|------------------|------------------|---|
| Dates: | Session I: May 19 - June 23 | 121108-01 | Ages: | 5-11 years |
| | Session II: July 7- August 11 | 121108-02 | Location: | Krueger Park Gym South |
| Day: | Thursday | | Min/Max: | 6/20 |
| Time: | 6:00 p.m. - 7:00 p.m. | | Fee: | \$87 Resident, \$92 Non-Resident |

Summer Crafts Galore

126103-01

Come and join us for a class where your child can explore a variety of different summer themed crafts that they can create. Throughout this class we will be doing all sorts of crafts that are fun and new to your children! We will be creating summer artwork that can be hung outside such as bird houses, flowerpots, and rainbow blowers!

| | | | |
|--------------|---|------------------|-------------------------------------|
| Date: | June 9 - July 7 | Ages: | 7-12 years |
| Day: | Thursday | Location: | Krueger Park Activity Room C |
| Time: | 5:00 p.m. - 6:00 p.m. | Min/Max: | 8/12 |
| Fee: | \$34 Resident, \$39 Non-Resident | | |

Among Us Real Life Experience

126109-01

Does your child love the game Among Us? If so we have the program for you! Come join us in a one-day program where we play the game Among Us around the park! We will explain the rules and concepts of the game and then have the kids recreate the game in real life! At the end of the game we will provide a snack and drink for your child.

Date: August 10
Day: Wednesday
Time: 5:30 p.m. - 7:30 p.m.
Ages: 8-12 years
Location: Krueger Park Gym
Min/Max: 10/20
Fee: \$15 Resident, \$17 Non-Resident

Hit & Run ~ Tennis

121158-01

These group lessons are designed for students who love the game of tennis. Hone your skills on our courts with fellow tennis enthusiasts. **NOTE: No class on July 4th.**

Dates: June 20 - July 25
Day: Monday
Time: 5:00 p.m. - 6:00 p.m.
Ages: 8-12 years
Location: Krueger Park Tennis Courts
Min/Max: 7/10
Fee: \$43 Resident, \$48 Non-Resident



YOUTH SOCCER

Outdoor Thursday Night Soccer 121141-01

This soccer league is for players 8 - 12 years of age. Each team will consist of 7 - 8 players. Each team will have one practice and play 6 games. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

Dates: June 16 - July 28
Day: Thursday
Time: 6:00 p.m. - 6:45 p.m.
Ages: 8 - 12 years
Location: Krueger Park Soccer Field
Min/Max: 20/32
Fee: \$40 Resident, \$45 Non-Resident

Outdoor Soccer Camp

121130-01

The camp offers a fully-integrated program of soccer techniques and tactics. Professionals provide 2-hour sessions each day of instruction and games. Beginning players will be introduced to the fundamentals. Intermediate players are challenged to higher-level competition. **NOTE: Must provide own soccer ball, shin guards, and a water bottle to camp. T-shirt included.**

Date: August 1 - August 5
Day: Monday - Friday
Time: 6:30 p.m. - 8:30 p.m.
Ages: 4-17 years
Location: Martin Park Soccer Field
Min/Max: 8/24
Instructors: Soccer Made in America
Fee: \$139 Resident, \$124 2nd child, \$109 3rd child
 \$144 Non-Resident, \$129 2nd child, \$114 3rd child



South Suburban Traveling Fall Soccer League

Games will be played on Saturday afternoons or evenings and one game will be played on a Tuesday, Thursday, or Friday evening. About half of the games will be played in Hickory Hills. Practice dates are listed below and are tentative. Practice times to be determined by coach. Coaches will notify players of exact day, time, and field location of first practice. **NOTE: Special requests are not guaranteed. Ages for divisions are as of August 1, 2022. If more than one child is registered and are in different divisions, please inform park staff at time of registration to consider during scheduling. Fee includes jersey, shorts, socks, trophy or medal, and an awards ceremony (pizza & pop). DEADLINE FOR REGISTRATION IS August 29th.**

| Dates: | August - October | Division: | Ages: | Practice Days: | Program #: |
|-----------------|-------------------------------|-------------------------|-------------|----------------|------------|
| | (Games begin in September) | Pee Wee Division: | 4 & 5 years | Tues or Thurs | 221209-01 |
| Min/Max: | 12/20 per division | Super Pee Wee Division: | 6 & 7 years | Tues or Thurs | 221209-02 |
| Fee: | \$95 Resident, \$100 Non-Res. | Junior Division: | 8-10 years | Mon & Wed | 221209-03 |
| | | Senior Division: | 11-13 years | Mon & Wed | 221209-04 |

GYMNASTICS

School Age Gymnastics and Pre-Nastics

Children will learn the Fun-damentals of gymnastics & Tumbling in this energetic and quick paced class! Boys & girls will be taught the proper stretching and lead-up drills to ensure safety, as well as build strength, flexibility, and spatial awareness.

NOTE: No class May 30th.

Dates: Session I: May 9 – June 27 (7 weeks)
Time: 3:50 p.m. – 4:35 p.m. (School Age) 121151-01
 4:40 p.m. – 5:25 p.m. (Pre-Nastics) 111150-01
 5:30 p.m. – 6:15 p.m. (School Age) 121151-02
 6:20 p.m. – 7:05 p.m. (School Age) 121151-03

Days: Monday
Location: Krueger Park Gym North
Min/Max: 6/10

Dates: Session II: July 11- August 29 (8 weeks)
Time: 3:50 p.m. – 4:35 p.m. (School Age) 121151-04
 4:40 p.m. – 5:25 p.m. (Pre-Nastics) 111150-02
 5:30 p.m. – 6:15 p.m. (School Age) 121151-05
 6:20 p.m. – 7:05 p.m. (School Age) 121151-06

Fee: \$76 Resident \$81 Non-Resident (Session I)
 \$86 Resident \$91 Non-Resident (Session II)
Ages: Pre-Nastics (3-5 years)
 School Ages (6-12 years)

NOTE: All Summer Gymnastic classes are held on **Mondays** at the **Krueger Park Recreation Center**, 9100 S. 88th Ave. Gymnastics participants must be of age before the first class date. It is suggested that if you plan on attending both sessions that you register for the both sessions at one time to avoid losing your spot.
ATTIRE: Long hair should be secured back. Students should wear comfortable, stretchable clothing and gym shoes. No blue jeans, no jean shorts, and no skirts.

YOUTH PROGRAMS

Snapology (Minecraft)

126112-01

Snapology is hands-on learning using LEGO bricks, K'Nex and technology. Learning is interactive to inspire enthusiasm and spark creativity. Bring Minecraft® to life and create your own world and movies. Snapology offers 3 levels of Minecraft programs (basic, advanced and epic). S.T.E.A.M. (Science, Technology, Engineering, Art, Mathematics) advanced robotics, video game design and animation concept are taught in a fun and interactive environment.

Dates: June 14 – July 12
Day: Tuesdays
Time: 5:45 p.m.- 6:45 pm
Ages: 5–12 years
Location: Krueger Park Activity Room C
Min/Max: 6/20
Fee: \$86 Resident, \$91 Non-Resident

Snapology (Foundation/Developmental Engineering)

126111-01

Does your child like to learn or create new things, or are they the kind of learner that likes to break things apart to see what's inside? If so, they are going to love Snapology's engineering program! This program gives your student the tools they need to understand mechanical movement and the importance of simple machines. Whether they are the creative/constructive type or prefer the inquisitive/deconstructive way of learning, this program is sure to spark their engineering interests.

Dates: June 14 – July 12
Day: Tuesdays
Time: 4:30 p.m. - 5:30 p.m.
Ages: 5–12 years
Location: Krueger Park Activity Room C
Min/Max: 6/20
Fee: \$86 Resident, \$91 Non-Resident

Horseback Riding Lessons

Staff will teach riders for pleasure or to show competitively. All riders must sign a release waiver and wear safety helmet while riding. Helmets are available to rent for \$1 per time. All riders must wear long pants. No shorts. All lessons are fully-supervised. **NOTE: Bring your receipt to the stables to set-up time and day. Call stables at 708-598-7718 for more additional information or visit their website at newtraditionridingacademy.com.**

Dates: May - August
Day/Time: Arrange with stables
Location: New Traditions Riding Academy
10100 S. Kean Ave.

Fees: Beginner: \$260 (5x Lessons) 101148-01
Beginner: \$470 (10x Lessons) 101148-02
Ages: 8 years & up
Non-residents pay \$10 more to the prices listed above.