

# TUMBLING & GYMNASTICS

## Tumbling & Gymnastics

The classes will provide a solid foundation for more difficult skills to be learned as students gain strength and coordination and confidence. Kids train on handstands, rolling, bridge skills and, of course, cartwheels! Students will advance from tumbling into gymnastics learning fundamental skills to improve on while still having fun and improving flexibility & technique.

**Dates: Session I: January 9 – February 27 (8 weeks)**

**Time: 4:00 p.m. – 4:45 p.m. (Tumbling) 311350-02**

**4:45 p.m. – 5:30 p.m. (School Age) 321351-04**

**5:30 p.m. – 6:15 p.m. (Tumbling) 311350-03**

**6:15 p.m. – 7:00 p.m. (School Age) 321351-05**

**Days: Monday**

**Location: Krueger Park Gym North**

**Min/Max: 6/12**

**Dates: Session II: March 13 - May 1 (8 weeks)**

**Time: 4:00 p.m. – 4:45 p.m. (Tumbling) 411450-01**

**4:45 p.m. – 5:30 p.m. (School Age) 421451-01**

**5:30 p.m. – 6:15 p.m. (Tumbling) 411450-02**

**6:15 p.m. – 7:00 p.m. (School Age) 421451-02**

**Fee: \$86 Resident \$91 Non-Resident**

**Ages: Tumbling (3-5 years)**

**School Ages (6-12 years)**