Hickory Hills Park District
Winter/Spring 2023 Program Guide

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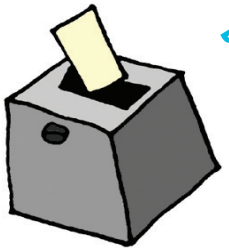
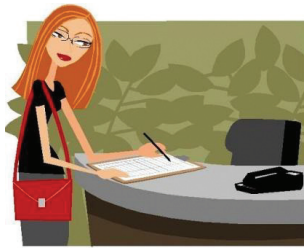
Registration Information

3 Ways To Register!





Resident Registration Begins Monday, December 5
Non-Resident Registration Begins Monday, December 12

Hickory Hills Park District Walk In Registration Locations:
8047 W. 91st Place or 9100 S. 88th Avenue
Hickory Hills, IL 60457

*Place form and check in a sealed envelope and drop in the drop box located to the left of the front doors at the Cynthia Neal Center, 8047 W. 91st Pl. Available 24 hours a day.

Registration accepted until program/trip is filled. Refunds for special events and trips will be issued only if the program is cancelled by the Park District. (See page 23 for more information)

Please register as early as possible to avoid cancellations.

swsra
SOUTH WEST SPECIAL RECREATION ASSOCIATION

Nicolette Lahman-Morales - Executive Director
Dawn Kehoe - Business Manager
Marina Uher, CTRS - Superintendent of Recreation
Brittany Izzo, CTRS - Recreation Supervisor
Tina Izzo-Delbovo - Recreation Supervisor
Patricia Swiney - Office Clerk
John Bedore - Vehicle and Facilties Coordinator

SWSRA was formed in 1981 to provide year-round quality recreation programs and services for individuals with disabilities or special needs. **SWSRA** programs are designed to increase independence and enhance the quality of life for each individual. A wide variety of programs are available for individuals from early childhood through adulthood.

Look at this WINTER'S line up of in-person and virtual programs plus services!
See something you would enjoy? Call 708-389-9423 for more details and to get enrolled. Visit their website for more information at SWSRA.com. For residents, registration begins in January. For non-residents, registration begins January.

Winter Program Dates: Jan 9 - Mar 4

Virtual Events: Weekly Programs Monday, Wednesday, Friday Bakers Club

	Adaptive Basketball	Theres Snow Place Like Home Box	Wizards & Witches February 11	Paint Night February 18	
Walking Club	Fitness And Fun	Love You to Pieces Box	Glow with the Flow January 27	Chili Cook Off February 4	Bowling
Socialites	Pillo Polo	Sports Sampler	Winter Wonderland January 14	Mardi Gras Mambo Dance February 24	Shamrock Shakeup

ADMINSTRATIVE OFFICE

Cynthia Neal Administration & Recreation Center
8047 W. 91st Place
Hickory Hills, IL 60457
(708) 598-1233

Krueger Park Recreation Center
9100 S. 88th Avenue
Hickory Hills, IL 60457
(708) 599-7337

OFFICE HOURS
Monday – Friday, 9 AM – 5 PM

WEB SITE
www.hhparkdistrict.org

PUBLIC BOARD MEETINGS

3RD Monday of the Month at the Cynthia Neal Center. 8047 W. 91st Place at 7:00 PM.

Brochure can be available in an alternative format within 48-hours.

For the Hearing Impaired
T.D.D. Users call 800-526-0844. Able to use your own voice? Call 800-526-0857

BOARD OF COMMISSIONERS

A special thanks to the Commissioners who serve without any compensation.

Patrick Kosnick	Sandra Morgan	Robert Peterson	Stephan Zalas
(1991 • 2025)	(1990 • 2025)	(2015 • 2023)	(2019 • 2023)

PARKS & RECREATION STAFF

Jennifer Fullerton..... Executive Director
Zachary Ingalls.....Maintenance Manager
Angel Sanchez.....Recreation Manager
Tammy Muth.....Business Manager

Sledding at Kasey Meadow Park

Sledding can be a hazardous recreational activity, so please sled safely and wisely this winter. No sledding after 9:00 p.m. Steps are provided for easy access, and we strongly encourage all sledders to use them. Think safety first and read the warning signs. Parents are responsible for supervision of their children. Always be aware of other sledders. NO METAL RUNNER SLEDS.

The following representatives may be contacted for information about their organizations

Hickory Willow Swim Association
Call: Tom Rieman 312-301-1870

Hickory Hills Youth Baseball
Call: George Czarnik 312-919-0295

Family Member Rate Policy
An immediate family member is defined as a married/spouse and/or child(ren) that are 24-years or younger and living in the same household.

Tennis Court Rules
- Hours: 9 a.m. until 10 p.m.
- Smooth soled shoes only.
- Park sponsored programs have priority.
- No bikes, skateboards, scooters, or roller blades allowed on courts.
- No food or drinks in court area.
- When others are waiting, please limit play to one hour.

Basketball Court Rules
- No alcoholic beverages.
- No bikes, skateboards, scooters, or roller blades allowed on courts.
- No profanity.
- Hanging on rims or dunking is prohibited.
- Loud music is prohibited.
- Do not relieve yourself on grounds.
- Be courteous when others are waiting.
- Court closes at dusk.
- Violations of these rules may result in the closing of the courts.

REFUNDS FOR SPECIAL EVENTS, ONE DAY PROGRAM/ EVENTS, AND TRIPS WILL BE ISSUED ONLY IF IT IS CANCELLED BY THE PARK DISTRICT.

Special Recreation
Through a cooperative agreement between the Hickory Hills Park District and the South West Special Rec (SWSRA), children and adults who have a disability, handicap, or special needs, have the opportunity to participate in the special recreation program through the SWSRA. For more information, call the SWSRA Office at 708-389-9423. Pick up a brochure at the Cynthia Neal Center, Krueger Park, or visit SWSRA.com.

Brochure Distribution
The Hickory Hills Park District relies on the Bridgeview Post Office for mail delivery of our seasonal brochures. The Park District assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, we encourage you to pick up a brochure at the Cynthia Neal Center or Krueger Park Recreation Center. A digital version of the brouchure is available online at hhparkdistrict.org.

Rentals
The Hickory Hills Park District has limited activity rooms and field rentals available. A permit is necessary for any use of 7 or more people using our fields outdoors. Rentals are available at the Krueger Park picnic area and athletic fields for their corresponding sports.

For more information, including pricing and availability, call 708-598-1233.

SPECIAL EVENTS

Children's Christmas Party (Hickory Hills Residents Only) 305323-01

Children are invited to share in the Christmas Festivities sponsored by the Hickory Hills Park District and the City of Hickory Hills Community Affairs Commission. Children can visit with Santa, watch a terrific poms performance by our poms team, receive a balloon sculpture, and get their faces painted. Also, every child will recieve a holiday candy bag as a parting gift from Santa. **NOTE: No registration is necessary for this fun-packed afternoon. Parents are encouraged to stay with their children.**

Day & Date: Saturday, December 10th
Time: 1:00 p.m.
Location: Krueger Park Gym
Ages: All Ages
Fee: Free (Residents Only)

North Pole Calling (Hickory Hills Residents Only) 305324-01

He is making his list and checking it twice, looking for good boys and girls to call in Hickory Hills. Santa's elves dropped off registration forms at the Cynthia Neal Center, Krueger Park Recreation Center, and put it online at www.hhparkdistrict.org. If you want Mrs. Claus or Santa to give your child a call before the "Big Day", return completed forms to the Cynthia Neal Center or Krueger Park Rec. Center before Tuesday, December 13. Please make sure your child is home to receive his/her call from the North Pole on Friday, December 16!

Day & Date: Friday, December 16 (1 night)
Time: 5:00 p.m. - 7:00 p.m.
Fee: Free (Residents Only)
Max: 20

Snowman Decorating Contest 305300-01

Take home an 8" wooden snowman to decorate and compete in the most creative snowman contest. Participants will be able to paint, dress up or use your creative mind to transform frosty into your own family snowman. Make frosty into a Minion, Princess, Avenger, or any other character to best display as your family snowman. Participants will pick and return your decorated snowman to Krueger Park for submission into the contest. All snowmen will be displayed for viewing in our Krueger Park lobby and be judged as best snowman for a chance to win a fabulous holiday family gift basket. Rules will be provided for the contest when you pick up your snowman. **NOTE: All snowmen can be picked up after December 7th, Monday – Friday 9:00a.m. – 5:00 p.m. and must be returned for judging by December 22nd. Participants do not need to be present during the judging and a winner will be notified by December 27th.**

Snowman pick up: December 7
Snowman drop off: December 22
Location Pick up: Krueger Park Recreation Center
Min/Max: 10/30
Fee: $12 Resident, $14 Non-Resident

Snowman Building Competition 305301-01

Come join us for a friendly snowman building competition! Bring your decorations and supplies to the park and see which family can build the best snowman! After the building and decorating is complete, join us inside for some hot chocolate, treats and family art projects. The winning families will receive prizes!

Day & Date: Saturday, February 4th
Time: 11:00 a.m - 3:00 p.m.
Ages: All Ages
Location: Krueger Park Rec. Center
Min/Max: 10/25
Fee: $15 Resident, $20 Non- Resident Per Family

Sensational Soup & Chili Day 305303-01

Come stay warm by trying a variety of 2 - 3 soups offered at this event. We will also have Xando's mouth watering chili. Crackers/bread, soda, & water will be provided. **NOTE: You must pre-register for this event. Deadline for registration is Noon on Wednesday, February 22.**

Day & Date: Thursday, February 23
Time: 4:30p.m. - 6:00 p.m.
Ages: All Ages (under 16 must be accompanied by an adult)
Location: Krueger Park Activity Room A & B
Min/Max: 32/50
Fee: $12 Res. Adult, $10 Resident (under 13), $14 Non-Res. Adult, $12 Non-Res. (under 13) Children 5 and under are free

Movie Inside The Park 305307-02

Come join us for a special night at the Park! We will be showing a movie, that will be announced later, that will be fun for the whole family! We will be selling popcorn, refreshments, and other snacks. Everyone will be allowed to bring in a folding chair and blankets to sit on the gym floor. No inflatable chairs or couches allowed. Call two weeks prior to the date to see what movie we are playing! **NOTE: Must register by February 3**

Day & Date: Friday, February 17
Time: 6:15 p.m. - 8:15 p.m.
Ages: All Ages
Location: Krueger Park Gym
Min/Max: 50/80
Fee: Resident
13 yrs & Older - $7, 2-12 yrs - $5
Non-Residents
13 yrs & Older - $8, 2-12 yrs - $6
Children under 2 yrs old Free

Easter Basket Delivery

The Easter Bunny will deliver the beautiful basket (rain or shine) before he hops on his way to the next house delivery. All children will also receive a surprise gift. **NOTE: Parents must bring a filled Easter basket to Krueger Park Recreation Center on or before April 3rd. If your apartment is on the 2nd or 3rd floor, please meet the bunny on the ground level. Pictures of the bunny can only be taken from your front door. Only residents of Hickory Hills and non-residents living within 2 miles of 91st & Roberts Road are eligible for delivery.**

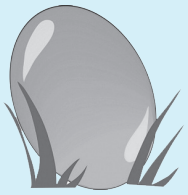
Day		Tuesday	Wednesday
Date:		April 4	April 5
Time:	5:30 p.m.	405492-01	405492-07
	5:45 p.m.	405492-02	405492-08
	6:00 p.m.	405492-03	405492-09
	6:15 p.m.	405492-04	405492-10
	6:30 p.m.	405492-05	405492-11
	6:45 p.m.	405492-06	405492-12

Fee: $20 Per Delivery (Resident),
$25 Per Delivery (Non-Resident)
There will be an additional $3 charge for each basket over 3 on a single visit.

REFUNDS FOR SPECIAL EVENTS, ONE DAY PROGRAM/EVENTS, AND TRIPS WILL BE ISSUED ONLY IF IT IS CANCELLED BY THE PARK DISTRICT.

Egg, Carrot, & Candy Hunt 405491-01
(Hickory Hills Residents Only)

Stop by for the fastes special event of the year. Collect candy, carrots and eggs in your basket or bag (residents only!). Seperate areas will be set up for various age groups. Pictures with the Bunny are available from 1:45 - 2:30 p.m. for $5.00. This is a rain or shine event. **NOTE: You can bring your own camera to take pictures with the Bunny, but you still need to pay $5 for one picture.**



Day & Date: Saturday, April 1
Time: 1:30 p.m. promptly
Ages: 2 - 8 years
Location: Kasey Meadow Park
Fee: Free (Residents Only)

Annual Fishing Derby 405424-01

Awards will be given for the longest fish caught in each age division and a free raffle will be held for all participants. **YOU MUST FURNISH YOUR OWN POLE AND BAIT. NOTE: A valid fishing license is required for all participants 17 years and older. Register the day of the event. CHILDREN UNDER 12 YEARS OF AGE MUST BE ACCOMPANIED BY AN ADULT.**

EVENT SPONSORED BY THE SERTOMA CLUB OF HICKORY HILLS.

Day & Date: Friday, May 5
Time: 6:00p.m. - 7:30 p.m.
Ages: 6 years & up
Location: Martin Park Pond, 89th Pl. & 78th Ave.
Fee: Free

Spring Garage Sale 405429-01

A 6 foot table in a 10 X 8 foot space will be provided for each registered seller. Each participant must provide their own cash box for change. The park district will advertise for this event. Concessions will be available. **NOTE: Crafters are welcome, but please, no professional vendors.**

Day & Date: Saturday, April 29
Time: 8:00 a.m. - 1:00 p.m.
Ages: All Ages (Under 16 must be accompanied by an adult)
Location: Krueger Park Gym
Min/Max: 12/15
Fee: $23 Resident, $28 Non-Resident;
$5 Additional table in your space (2 max)

PRESCHOOL

We have designed a balanced preschool program ready to meet the educational, social, emotional, motor and creative needs of children 3 to 5 years. Preschool children will be introduced to letters, numbers, colors, shapes and other basic concepts. Pre-Kindergarten children will be introduced to phonics, pre-writing skills, fine motor skills, reading readiness and number concepts. Story-time, music activities, and seasonal art projects will be included in the program. Throughout the year the children will be playing, learning, growing and having fun with their peers. These programs are offered for half a year 3 hours a day, 5 days, 3 days or 2 days per week January through May. Children must be 3 years old by September 1, 2023. All children must be able to take care of their own bathroom needs.

Registration Information for 2023-2024

Registration for Preschool 2023-2024 begins March 6 for residents and March 13 for non-residents. Open House is scheduled for February 21 (6:00 - 7:00 p.m.). A detailed pamphlet with days, times, fees, etc. will be available at the end of January 2023. Office hours are Monday thru Friday, 9:00 a.m. - 5:00 p.m. All children must be the proper age by September 1st of the current school year and be able to take care of their own bathroom needs. Birth certificates and immunization records are required at the time of registration along with a $100 non-refundable, non-transferable deposit. Please see our preschool handbook for the refund policy.

Half Year Option 2023

You are able to register for only half a year at a time. Students who are enrolled in the January - May option will be included in the farewell program at the end of the year.

Half Year Option January-May	M - F	M/W/F	T/TH
Fees due at time of registration	$1104R/$1114NR	$635R/$645NR	$558R/$568NR

Kindergarten Kid's Place

Is your child enrolled in half day preschool or kindergarten, and you need somewhere for them to go the rest of the day? You can sign them up for our before or after care program. Similar to the after school program, this program will only be held on full days of school (District 117). While the children are here they will work on their school work, play a variety of games, make craft projects, or play sports. Parents must contact District 117 for transportation price and arrangements before registering at the Park District. Each child must provide their own lunch. Any child picked up after 4:25 p.m. will be assessed a late fee (no exceptions). **NOTE: No refunds, credits, or transfers. For more details, call 708-598-1233. No after care on school scheduled days off. On team days, hours will be extended to accommodate you. Fees due by Thursday at 5:00 p.m. the week before or late fees apply.**

Before Care:	**516511**	**After Care:**	**516512**
Time:	**8:45 a.m. - 12 Noon**	**Time:**	**12 Noon - 4:15 p.m.**
Fee:	**$83 Resident, $88 Non-Resident per week**	**Fee:**	**$104 Resident, $109 Non-Res. per week**
Min/Max:	**6/10**	**Location:**	**Cynthia Neal Center Preschool Room**

Mini School

Is your child ready for a little taste of preschool, but not quite ready to go the full 3 hours? Then Mini-School is the program for them! This program will introduce your child to the preschool environment in a shortened class time. Held in our preschool classroom with one of our preschool teachers, your child will experience a school setting, stories, songs, craft projects and fun with peers all in a smaller amount of time. **NOTE: If you want, you can register for one day or all days.**

Day/Dates:		
	Tue., Jan. 17 - Feb. 14	**516513-10**
	Wed., Jan. 18 - Feb. 15	**516513-11**
	Thur., Jan. 19 - Feb. 16	**516513-12**
	Fri., Jan. 20 - Feb. 17	**516513-13**
	Tue., Feb. 21- Mar. 21	**516513-14**
	Tue., Feb. 22 - Mar. 22	**516513-15**
	Thur., Feb. 23 - Mar. 23	**516513-16**
	Fri., Feb. 24 - Mar. 24	**516513-17**
	Tue., Apr. 11 - May. 9	**516513-18**
	Wed., Apr. 12 - May. 10	**516513-19**
	Thur., Apr. 13 - May. 11	**516513-20**
	Fri., Apr. 14 - May. 12	**516513-21**

Time:	**12:30 p.m. - 1:30 p.m.**
Ages:	**2-4 Years**
Location:	**Cynthia Neal Center Preschool**
Min/Max:	**6/10**
Fee:	**$47 Resident, $52 Non-Resident**

BIRTHDAY PARTY PACKAGES

Planning a birthday party? Let us do the work! Sit back and relax while our staff plans your child's birthday party. All birthday party packages are 2 hours long and available on Saturdays & Sundays. Call for available days and prices. After you are done playing in the gym, you can go into the Activity room to eat pizza, open gifts, and sing. **ALL PACKAGES INCLUDE: Activity room set up of tables & chairs, refreshments, party decorations, pizza, gym setup of a MONSTER TRUCK BOUNCE, sports activities, 2 hours of fun, and a party assistant. There is an additional fee for parties that need additional time.**

Tot Party - Ages: 1-4 years - This is perfect if you have a younger child that would love to play various games and activities in the gym like relay races, have an obstacle course set-up, hula hoops, parachute, and scooters.

Fairy Tale Party - Ages: 1-10 years - Before they head off to the fairy tale room, children can play in the gym. All the children will make a piece of jewelry or a princess crown. Then after making their project they can get their nails polished. **Foosball & Sports Party - Ages: 5-12 years -** Included with the gym setup, participants will get to use our Foosball and sports equipment during their birthday party for tournaments or just some fun play.

Sports Party - Ages: 5-12 years - There will be use of the gym by playing various games like soccer, dodge ball, basketball, tag, parachute, and other various games.

NOTE: Parents will be responsible for invitations and helping with the clean up. A minimum of 2 adults per 10 children is needed to supervise the party with the party planner. Minimum of 10-13 children fee is due when registering. Registration must be done two weeks in advance. $100 of your deposit is non-refundable to secure the date and purchase supplies.

Location: Krueger Park Recreation Center, 9100 S. 88th Ave.
Fees: $225 Resident (10-13 children) / $270 Resident (14-18 children)
$235 Non-Resident (10-13 children) / $280 Non-Resident (14-18 children)

EARLY CHILDHOOD ACTIVITIES

Munchkin Open Gym

Does your toddler need to burn off excess energy? Enjoy some of our tunnels, mats, and mini cart. Watch your child play with other children while developing strength, coordination and agility. **NOTE: Parent or guardian must accompany the child.**

Dates:	**January 11 - February 15**	**311302-02**
	March 1 - April 5	**411402-01**
Day:	**Wednesday**	
Time:	**10:30 a.m. - 11:30 a.m.**	
Ages:	**2-5 years**	
Location:	**Krueger Park Gym**	
Min/Max:	**6/12**	
Fee:	**$23 Resident, $28 Non-Resident**	

Super Hero Kids Party 416400-01

Is your child obsessed with superheroes as we are? Then come join us for a one day program all about being a super-hero! We will be playing different super hero theme games, act like your favorite super heroes in various ways. Have your child come dressed as their favorite super hero to get in the full spirit of the program. Participants will receive treats and be provided a snack and juice box during this program.

Day/Date:	**Thursday, April 27**
Time:	**10:30a.m. - 11:30 a.m.**
Ages:	**3-5 years**
Location:	**Krueger Park**
Min/Max:	**6/10**
Fee:	**$10 Resident, $12 Non-Resident**

Mini Chefs 416403-01

Are you hungry? We have cooked up some great recipes for the winter into the spring season. Measure, mix and enjoy! Every week we will make a cool new treat to enjoy. If you love pudding, fruit, pies and candy...you will love your tasty creations

Date:	**February 10 - March 10**
Day:	**Friday**
Time:	**10:45a.m. - 11:30 a.m.**
Ages:	**3-5 years**
Location:	**Krueger Park Rec. Center**
Min/Max:	**6/10**
Fee:	**$35 Resident, $40 Non-Resident**

Little Music Stars 416402-01

Who doesn't love to dance to a catchy song? Come join us for a class full of singing and dancing! This will be a moving and rhythmic class that will get your children up and on their feet. Throughout this class your children will learn songs that they can sing and dance to at home. The children will move to various dance songs that are silly, energetic, and fun.

Date:	**February 2 - March 2**
Day:	**Thursday**
Time:	**10:30 a.m. - 11:15 a.m.**
Ages:	**2 ½ - 4 years**
Location:	**Krueger Park Activity Room C**
Min/Max:	**6/12**
Fee:	**$35 Resident, $40 Non-Resident**

6 EARLY CHILDHOOD/YOUTH ACTIVITIES

Pre "T" Ball - Indoors/Outdoors 411403-01

Have your child come and learn the basics of T-Ball before they actually take the field this spring/summer. Children will get a head start on learning how to run the bases, throw a ball, hit a ball, and play the game. All participants will receive their first baseball hat to be ready for the T-Ball season. **NOTE: Children must have their own mitt.**

Date: March 30 - May 4
Day: Thursday
Time: 3:30 p.m. - 4:15 p.m.
Ages: 3 - 5 years
Location: Krueger Park Gym
Min/Max: 6/10
Fee: $36 Resident, $41 Non-Resident

Jr. T-Ball 111152-01

Jr. T-Ball is designed to be instructional only. Children will get the chance to learn the basics in hitting, catching and base running. Kids will learn how to hit a soft baseball off a Tee. This program will focus on teaching a new skill each week. **NOTE: Children must have their own mitt. Fee includes a hat, t-shirt, awards and a pizza party at the last game.**

Dates: May 10 - June 14
Day: Wednesday
Time: 6:30 p.m. - 7:30 p.m.
Ages: 4 - 6 years
Location: Krueger Park Baseball Field
Min/Max: 18/27
Fee: $42 Resident, $47 Non-Resident

Little Dribblers

Even future stars have to learn the basics of dribbling, passing, shooting and rebounding. Players will learn the game of basketball by participating in exciting drills and playing fun games. Basket will be lowered for these stars. **NOTE: Fee includes a t-shirt.**

Dates: January 11 - February 22 321321-01
March 8 - April 19 421421-02
Day: Wednesday
Time: 4:15 p.m - 5:00 p.m.
Ages: 4-7 years
Location: Krueger Park Gym
Min/Max: 8/12
Fee: $47 Resident, $52 Non-Resident

Crafts Galore 426405-01

Does your child like to create things from imagination? Then come and join us for a class where your child can explore a variety of different crafts that are fun and new to your children! We will be creating art work for Valentines Day, St. Patricks Day, and other crafts such as dream catchers and space crafts!

Date: Thursdays, February 9 - March 9
Time: 5:45 p.m. - 6:45 p.m.
Ages: 5-12 years
Location: Krueger Park Activity Room C
Min/Max: 6/12
Fee: $41 Resident, $46 Non-Resident

Ornament Creations 326303-01

Come and create ornaments for your family's Christmas tree with us! All you need to bring is yourself and your great ideas! Get in the Christmas spirit and come explore the wide variety of Christmas ornaments to make. We will provide all the materials needed to create your personalized ornaments!

Date: Wednesday, December 21
Time: 5:00 p.m. – 6:00 p.m.
Ages: 5-12 years
Location: Krueger Park Activity Room C
Min/Max: 8/15
Fee: $12 Resident, $14 Non-Resident

Holiday Creations 326301-01

Do you love holiday treats as much as we do? If so, then come join us for this one-day Program where we make holiday treats like Christmas cookies and sweets. Make these holiday treats to eat or give as gifts! All ingredients and supplies are included with the fee.

Date: Wednesday, December 28
Time: 4:30 p.m. - 5:30 p.m.
Ages: 7-12
Location: Krueger Park Activity Room C
Min/Max: 6/12
Fee: $13 Resident, $15 Non-Resident

Junior Tennis Stars 421461-01

Play exciting games and learn how to hit a forehand, backhand, volley, overhead smash and serve. Racquets will be provided. **NOTE: Classes will be held outdoors.**

Dates: April 17 - May 22
Day: Monday
Time: 4:10 p.m. - 5:00 p.m.
Ages: 5-7 years
Location: Krueger Park Tennis Courts
Min/Max: 7/10
Fee: $47 Resident, $52 Non-Resident

Art In Action 416401-01

This is the perfect class for your budding artist. It is developed to give children the tools to draw and skills to portray what they see and to share their imagination with the world. Each week you will be using a different kind of method to make your art. This program is open to all sorts of experience level.

Dates: February 7 - March 7
Day: Tuesdays
Time: 4:00 p.m. - 4:45 p.m.
Ages: 5-7 years
Location: Krueger Park Activity Room C
Min/Max: 8/15
Fee: $40 Resident, $45 Non-Resident

I've Got Game

Kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Team work, good sportsmanship, and fun are all stressed in this exciting class.

NOTE: Fee includes a t-shirt.

Dates: Jan 11 - Feb 22 321323-01
Mar 8 - Apr 19 421423-01
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 7-9 years
Location: Krueger Park Gym South
Min/Max: 8/15
Fee: $47 Resident, $52 Non-Resident

Hit & Run ~ Tennis 421458-01

These group lessons are designed for students who love the game of tennis. Hone your skills on our courts with fellow tennis enthusiasts.

Dates: April 17 - May 22
Day: Monday
Time: 5:00 p.m. - 6:00 p.m.
Ages: 8-12 years
Location: Krueger Park Tennis Courts
Min/Max: 7/10
Fee: $46 Resident, $51 Non-Resident

Rim Seekers

This 7 week class is the perfect class for the future basketball star. This class is going to be game based so your child will get to know the flow of playing in a real basketball game. Games will be played every week and will be paused throughout the game for teaching. Other games like 3pt contests, knockout, and free throw contests will also be played. Team work, good sportsmanship and fun are all stressed in this exciting class.

NOTE: Fee includes a t-shirt.

Dates: Jan 11 - Feb 22 321378-01
Mar 8 - Apr 19 421478-01
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 10-14 years
Location: Krueger Park Gym North
Min/Max: 8/15
Fee: $47 Resident, $52 Non-Resident

MMA - Mixed Martial Arts

Students will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills – all while having fun! This is done through our structured monthly curriculum. Students will focus on Boxing, Kickboxing, Jujitsu and Wrestling technique each month, as well as two "Mat Chat's" where we cover important lessons such as focus, confidence, and gratitude.

Dates: Session I: Jan 5 - Feb 9 321308-02
Session II: Feb 23 - Mar 30 421408-01
Session III: Apr 13 - May 18 421408-02
Day: Thursday
Time: 6:00 p.m. - 7:00 p.m.
Ages: 5-11 years
Location: Krueger Park Gym South
Min/Max: 6/20
Fee: $90 Resident, $95 Non-Resident

Among Us Real Life Experience 406409-01

Does your child love the game Among Us? If so, we have the program for you! Come join us in a one-day program where we play the game Among Us around the park! We will explain the rules and concepts of the game and then have the kids recreate the game in real life! At the end of the game we will provide pizza and a drink for your child.

Date: March 6
Day: Monday
Time: 5:30 p.m. - 7:30 p.m.
Ages: 8-12 years
Location: Krueger Park Gym
Min/Max: 10/20
Fee: $15 Resident, $17 Non-Resident

Trade & Play 426401-01

Do you and your friends like to trade & play Pokemon, Yu-Gi-Oh, and Akedo? Then we have the night for you! Come trade your cards/figures and bring your appetite to this night full of competition, trading, and play with your friends! **Pizza and refreshments will be served.**

Date: April 21
Day: Friday
Time: 6:00 p.m. - 8:00 p.m.
Ages: 8-12 years
Location: Krueger Park Rec Center
Min/Max: 10/20
Fee: $11 Resident, $15 Non-Resident

Video Gaming Tournaments 426407-01

Enjoy a day full of sports video games and competition. Participants will be put to the test against others to see who the true master gamer is. We will be playing from the groups choice of different sports games **NOTE: Pizza and refreshments will be served.**

Day/Date: Monday, March 6
Time: 11:00 a.m. - 3:00 p.m.
Ages: 8-12 years
Location: Krueger Park Rec. Center
Min/Max: 10/20
Fee: $15 Resident, $17 Non-Resident

Floor Hockey 426402-01

This program will help teach basic fundamentals of floor hockey while integrating play and skill challenges. Each day, players will enjoy drills on shooting, stick handling, defense & positioning. **Note: All equipment will be supplied.** All players will recieve a free Blackhawks hockey stick

Dates: February 14 - March 21
Day: Tuesday
Time: 4:45 p.m. - 5:45 p.m.
Ages: 8–11 years
Location: Krueger Park Gym
Min/Max: 8/24
Fee: $54 Resident, $59 Non-Resident

Holi-"Day Off" Krew

While you are at work and your kids are off of school, enroll them in a program that is sure to keep them busy all day. Children will participate in a variety of activities in our gym and activity room that will be sure to keep out of trouble at home. **NOTE: Don't forget to pack a lunch each day. We will provide afternoon snacks. Must register in advance.**

Day/Date:
Monday, January 16 311311-01
Monday, February 20 311311-02
Monday, March 6 311311-03
Monday, April 10 411411-01
Friday, April 21 411411-02

Time: 8:00 a.m. - 5:30 p.m.
Ages: 5 - 12 Years
Location: Krueger Park Acitivity Room C
Min/Max: 8/25
Fee: $40 Resident, $45 Non-Resident (Daily)

Snapology (Engineering)

Come join Snapology for elementary and intermediate Engineering. Explore the scientific method and engineering design process. Develop appropriate strategies for logical problem solving. Make measurements and observations to collect data for comparisons. Evaluate different methods of measurement and observation. Learn about mechanical movement and energy potential and kinetic energy, gears, pulleys, and motors.

Dates: Session I Jan 12 - Feb 9
(Elementary): 326312-01
Session II Feb 16 - Mar 16
(Intermediate) 426412-01
Day: Thursdays
Time: 4:30 p.m. - 5:30 p.m.
Ages: 5–12 years
Location: Krueger Park Rec. Center
Min/Max: 6/20
Fee: $86 Resident, $91 Non-Resident

Snapology (Amusement & Mini Figure Mania)

Come join Snapology for Amusement Park Engineering and Mini Figure mania. Come create your own amusement park with mechanical movement, energy potential, kinetic energy, gears, pulleys and motors building the most amazing amusement park rides! Then come join us as we shrink ourselves to mini-figure size and create our own mini figure worlds. **NOTE: No class April 13**

Dates: Session I Mar 23 - Apr 27
(Amusement Park): 426412-02
Session II May 4 - June 1
(Mini Figure Mania) 126112-01
Day: Thursdays
Time: 4:30 p.m. - 5:30 p.m.
Ages: 5–12 years
Location: Krueger Park Rec. Center
Min/Max: 6/20
Fee: $86 Resident, $91 Non-Resident

Tumbling & Gymnastics

The classes will provide a solid foundation for more difficult skills to be learned as students gain strengh and coordination and confidence. Kids train on handstands, rolling, bridge skills and, of course, cartwheels! Students will advance from tumbling into gymnastics learning fundamental skills to improve on while still having fun and improving flexibility & technique.

Dates: Session I: January 9 – February 27 (8 weeks)
Time:
4:00 p.m. – 4:45 p.m. (Tumbling) 311350-02
4:45 p.m. – 5:30 p.m. (School Age) 321351-04
5:30 p.m. – 6:15 p.m. (Tumbling) 311350-03
6:15 p.m. – 7:00 p.m. (School Age) 321351-05
Days: Monday
Location: Krueger Park Gym North
Min/Max: 6/12

Dates: Session II: March 13 - May 1 (8 weeks)
Time:
4:00 p.m. – 4:45 p.m. (Tumbling) 411450-01
4:45 p.m. – 5:30 p.m. (School Age)421451-01
5:30 p.m. – 6:15 p.m. (Tumbling) 411450-02
6:15 p.m. – 7:00 p.m. (School Age)421451-02
Fee: $86 Resident $91 Non-Resident
Ages: Tumbling (3-5 years)
School Ages (6-12 years)

Morning School Program (December - June 2022)

This program will be held before school begins for parents who have their children enrolled in School District 117. Staff will help participants prepare for school each day. Students who attend Glen Oaks Elementary School will be escorted to school by a Park Supervisor each morning. Students who are transported to school via a school bus must make transportation arrangements with the school district before enrolling your child. This program will only be held on full and half days of school (District 117). **NOTE: No refunds or credits (including for medical reasons). All participants must sign up for the entire month. No exceptions.**

Day: Monday - Friday
Time: 7:00 a.m. - 8:45 a.m.
Location: Krueger Park Activity Room A & B
Ages: Grades 1st - 5th
Min/Max: 8/30

Fee:		
	$144 (December - 16 Days)	511515-05
	$144 (January - 16 Days)	511515-06
	$171 (February - 19 Days)	511513-07
	$153 (March - 17 Days)	511513-08
	$153 (April - 17 Days)	511515-09
	$198 (May - 22 days)	511515-10
	$27 (June - 3 Days)	511515-11

After School Club 2022 "A Power Play! Beyond School Program" (December 2022 - June 2023)

Come to Krueger Park and have a blast! This program is held after school for children that may need to go somewhere when school is over with. This program will only be held on full days of school (District 117). While the children are here they will work on their school work, play a variety of games, make craft projects, play sports, or even go outside to play. The students that attend Glen Oaks Elementary School will be met at the school by a Park Supervisor and will be walked over to Krueger Park at 2:45 p.m. then again after their Extended Day Program at 4:00 p.m. each day. The students from Dorn, Sorrick, Oak Ridge, and Conrady will be transported to Krueger Park. There is no charge if they are on the bus program. However if they are not, additional fees may apply if they wish to get transported by bus to Krueger Park. Students who are transported to school via a school bus must make transportation arrangements with the school district before enrolling your child. Each day drinks and snacks will be provided by the park. Any child picked up after 6:10 p.m. will be assessed a late fee (no exceptions). **No refunds or credits including for medical reasons. A transfer to a different day may only occur with a one week notice and must be approved by the Recreation Manager. New students need to be registered one week in advance (school transportation and park registration). Last minute changes cannot be made for students using school transportation. DAYS OFF: No After School Program on school scheduled days off. TEAM DAYS: On Team Days the After School Program will start at 1:45 p.m.**

Time: 3:00 p.m. - 6:00 p.m.
Location: Krueger Park Gym & Activity Room C
Fee: Glen Oaks - 511511, Dorn - 511512, Oak Ridge - 511513, Sorrick - 511514, Conrady - 511516 -- $14.00/day
Same day registration will not be taken.

Krueger's Winter Spring Krew

School is out for Spring Break but you're still working. Do you need a fun place for the kids to go for the day or the week? Krueger Park will be jumping with activities from 8:00 a.m. – 5:30 p.m. **NOTE: Don't forget to pack a lunch and at least one water bottle. We will provide afternoon snacks. Must register in advance. NO SAME DAY REGISTRATION. The program may be cancelled due to low enrollment, so register early!**
NO REFUNDS OR CREDITS.

Winter Krew

Day/Date:		
	Tues. December 27	311311-04
	Wed. December 28	311311-05
	Thurs. December 29	311311-06
	Tues. January 3	311311-07
	Wed. January 4	311311-08
	Thurs. January 5	311311-09
	Fri. January 6	311311-10

Fee: $40 Resident, $45 Non-Resident (Daily)
$111 Resident, $126 Non-Resident (Week 1 - 311311-D4)
$148 Resident, $163 Non-Resident (Week 2 - 311311-D3)

Spring Krew

Day/Date:		
	Monday, March 27	411411-03
	Tuesday, March 28	411411-04
	Wednesday, March 29	411411-05
	Thursday, March 30	411411-06
	Friday, March 31	411411-07

Fee: $40 Resident, $45 Non-Resident (Daily)
$185 Resident, $200 Non-Resident (Weekly-411411-5D)
Time: 8:00 a.m. - 5:30 p.m.
Ages: 5 - 12 years
Location: Krueger Park Recreation Center
Min/Max: 8/25

Junior Wednesday Night Soccer 421419-01

This soccer league is for players 5 - 8 years of age. Each team will consist of 7 - 8 players. League will consist of 1 practice and 7 scrimmages. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

Dates:	**January 18 - March 8**
Day:	**Wednesday**
Game Times:	**6:15 p.m. or 7:00 p.m.**
Ages:	**5 - 8 years**
Location:	**Krueger Park Gym**
Min/Max:	**21/30**
Fee:	**$45 Resident, $50 Non-Resident**

Wednesday Night Soccer 421487-01

This soccer league is for players 9 - 12 years of age. Each team will consist of 6 - 8 players. Each team will play 8 scrimmages. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

Dates:	**January 18 - March 8**
Day:	**Wednesday**
Game Times:	**7:00 p.m. or 7:45 p.m.**
Ages:	**9-12 years**
Location:	**Krueger Park Gym**
Min/Max:	**21/28**
Fee:	**$45 Resident, $50 Non-Resident**

Dodgeball and Pizza Night 321386-01

Get ready to rock your sweatband and gym shoes because we're going to play some dodgeball! This is a night full of fun and pizza. We will play organized games of dodgeball and other variations of dodgeball! Pizza and refreshments will be served after the games are played. Come with your game face on and get ready to dodge, dip, and dive!

Dates:	**February 24**	**Location:**	**Krueger Park**
Days:	**Friday**	**Min/Max:**	**10/20**
Time:	**6:00 p.m. - 8:00 p.m.**	**Fee:**	**$10 Resident, $15 Non-Resident**
Ages:	**8 - 12 years**		

Indoor Soccer - Little Kickers 311330-01

This introductory soccer league is a shortened version of our youth soccer program and is designed to help transition children into team play. Modified, non-competitive scrimmages will be played. This league will be run in a low key environment and coaches will be more hands on during games. **Birth date as of September 1, 2022** will determine division placement. A birth certificate may be requested if there is a question of a child's age. Scrimmages and practice times will vary from week to week and may be adjusted depending on number of teams formed. Coaches needed! **Your coach will notify you to let you know what time your first practice will be held.** Requests to be with another player will be taken on a separate request form when registering through November 11 but are not guaranteed. **Game times/practice times are approximate and are dependant on number of teams in each division.**

Dates:	**December - March**
Day:	**Saturday**
Time:	**9:00 a.m. - 11:00 a.m.**
Ages:	**4 - 5 Years**
Location:	**Oak Lawn Park District** **9401 S. Oak Park Ave., Oak Lawn, IL**
Min/Max:	**12/14**
Fee:	**$77 Resident, $87 Non-Resident**

Co-Ed Youth Indoor Soccer

Teams will be formed by a blind draft policy and will compete against teams from neighboring park districts. Teams will practice in December and will begin play in January. Scrimmages and practice times will vary week to week, and may be adjusted depending on the number of teams formed. **Birth date as of September 1, 2022** will determine age division. Birth certificates may be requested if there is a question of a child's age. Coaches needed! Sign up early! **Your coach will notify you to let you know what time your first practice will be held.** Requests to be with another player will be taken on a separate request form when registering through November 11 but are not guaranteed.

Game times/practice times are approximate and are dependant on number of teams in each division.

Dates:	**December - March**
Location:	**Oak Lawn Park District,** **9401 S. Oak Park Ave., Oak Lawn, IL**
Min/Max:	**12/16**
Fee:	**$107 Resident, $114 Non-Resident**

Day:	Ages:	Time:	
Saturday	**6-7**	**11:00 a.m. - 3:00 p.m.**	**321317-01**
Saturday	**8-9**	**3:00 p.m. - 8:00 p.m.**	**321317-02**
Sunday	**10-11**	**1:00 p.m. - 3:00 p.m.**	**321317-03**
Sunday	**12-13**	**3:00 p.m. - 6:00 p.m.**	**321317-04**

CAMPS AT THE PARK

Summer Camp Dates
Session I: June 12 - June 30
Session II: July 5 - July 21
Session III: July 24 - August 11

Full Day Camp

Come and join us for a summer full of fun! Your child will spend each day participating in games, sports activities, crafts, theme days/weeks, and much more! Children must be able to participate independently in age appropriate activities and follow verbal instructions. Camper must bring a lunch and a water bottle to camp every day. **NOTE: Each camper will receive one camp t-shirt each session. Snacks will be provided. NO REFUNDS or CREDITS! No camp July 3 and 4.**

Dates: Session I: 126179-01
Session II: 126179-02
Session III: 126179-03
Day: Monday - Friday
Time: 9:00 a.m. - 4:00 p.m.
Ages: 6 - 13 years (Must be 6 by June 18)
Fees: Session I: $293 Resident, $298 Non-Resident
Session II: $254 Resident, $259 Non-Resident
Session III: $293 Resident, $298 Non-Resident
Location: Krueger Park Recreation Center
Min/Max: 60/90 each session

Half Day Camps at Krueger Park

Your child will spend each morning or afternoon participating in games, sports activities, crafts and much more! **NOTE: NO REFUNDS or CREDITS! Each camper will receive a t-shirt. No camp July 3 and 4.**

Time: 8:30 a.m. - 12 Noon
Day: Monday - Friday
Dates: Session I: 126179-09
Session II: 126179-10
Session III: 126179-11
Time: 12:30 p.m. - 4:00 p.m.
Day: Monday - Friday
Dates: Session I: 126179-12
Session II: 126179-13
Session III: 126179-14
Ages: 6 - 13 years
Location: Krueger Park Recreation Center
Min/Max: 10/15
Fees: Session I: $180 Res, $185 Non-Res
Session II: $156 Res, $161 Non-Res
Session III: $180 Res, $185 Non-Res

Sunrise & Sunset Camp ~ Full/Half Day Camp Supplements

Are camp hours not long enough for your busy schedule? This camp is for those who need extended hours before and/or after regular camp time. **NOTE: All campers must be registered for Full Day Camp, Half Day Morning at Krueger Park (for Sunrise Camp), or Half Day Afternoon at Krueger Park (for Sunset Camp). NO REFUNDS or CREDITS! No camp July 3 and 4.**

Sunrise Camp
Time: 7:30 a.m. - 9:00 a.m.
Dates: Session I: 126180-01
Session II: 126180-02
Session III: 126180-03
Fee: Session I: $113 Resident, $118 Non-Resident
Session II: $98 Resident, $103 Non-Resident
Session III: $113 Resident, $118 Non-Resident

Sunset Camp
Time: 4:00 p.m. - 6:00 p.m.
Dates: Session I: 126180-04
Session II: 126180-05
Session III: 126180-06
Days: Monday - Friday
Ages: 6 - 13 years
Location: Krueger Park Recreation Center

Little Rascals Camp

Girls and boys will enjoy a variety of activities including games, sports and crafts, while having fun. A weekly newsletter will keep you posted on upcoming activities. The fee includes all program supplies, craft supplies and a camp t-shirt. **NO REFUNDS or CREDITS.** Late fees will be charged for children picked up after program has ended. **NOTE: ALL CHILDREN MUST BE TOILET TRAINED. Children must be able to participate independently in age appropriate activities, and be able to follow verbal instructions. No camp July 3 and 4. A lunch option is available for participants registered for both morning/afternoon program for an additional fee.**

Day: Monday - Friday
Ages: 3 - 5 years
Min/Max: 10/24

Time: 9:00 a.m. - 11:45 a.m.
Session I: 126179-06
Session II: 126179-07
Session III: 126179-08

Time: 12:15 p.m. - 3:00 p.m.
Session I: 126179-16
Session II: 126179-17
Session III: 126179-18

Fees: Session I: $150 Res, $155 Non-Res; Session II: $130 Res, $135 Non-Res; Session III: $150 Res, $125 Non-Res

MUSICAL PROGRAMS

Violin Vibrations

Our instructor, Barbara Sotora, a former private teacher for the Chicago Youth Symphony Orchestra, will teach hand positioning, notes, and memorization- just to name a few things. Sessions last 45 minutes. Note: Fee includes lessons, music books, and theory sheets. Students that need to purchase or rent their instrument must attend an orientation that is set up by the instructor. Call 708-599-7337 to schedule an orientation appoinment. No make-up classes after the last class is in session. **No class: April 8 and 9.**

Dates:	**January 7 - February 12**	**326313-03**
	February 18 - March 26	**426413-01**
	April 1 - May 14	**426413-03**
Location:	**Krueger Park Activity Room C**	
Min/Max:	**8/16**	
Fee:	**$189 Resident, $194 Non-Resident**	
	$10 discount per additional family (3 Max)	
Dates:	**January 7 - February 12**	**326313-04**
	February 18 - March 26	**426413-02**
	April 1 - May 14	**426413-04**
Fee:	**2 siblings together for a 1-hour session**	
	$239 Resident, $249 Non-Resident	
Day:	**Saturday or Sunday**	
Time:	**8:15 a.m. - 6:00 p.m.**	
Ages:	**4 years & up**	

Violin Band 426406-01

Experience the fun and thrills of performing with other musicians. Perform popular classical music and holiday songs during this 12-week program.

Dates:	**January 8 - March 26**
Day:	**Sunday**
Time:	**12:15 p.m. - 1:15 p.m.**
Ages:	**5 years & up**
Instructor:	**Barbara Satora**
Min/Max:	**8/16**
Fee:	**$66 Resident, $71 Non-Resident**
Location:	**Krueger Park Activity Room C**
	$10 discount for each additional family member up to 3

Private Voice & Piano Lessons

These 30-minute private lessons are designed for beginners and intermediate level learners. Voice lessons will focus on developing voice range, pitch, tone production, breath control, stage presence and more. Piano lessons will teach the fundamentals of note reading, hand positioning, and fingering techniques. All lessons will take place at Palos Music Instruction. Upon registration, the instructor will contact you to arrange the lesson time and further details for your lessons. **NOTE: Books may be purchased from the instructor directly as needed. Students must have a piano or electric keyboard at home for practice purposes. This is an 8 week program (1 lesson per week)**

		Piano	Voice
Dates:	**January 9 - March 4**	**326394-02**	**306327-02**
	March 6 - April 29	**426494-01**	**406427-01**
Day:	**Monday - Saturday**		
Time:	**10:00 a.m. - 8:00 p.m. (30 minute Slot)**		
Ages:	**5 years & up**		
Min/Max:	**2/10**		
Location:	**Palos Music Instruction**		
	10604 S. Roberts Rd.		
Fee:	**$155 Resident, $160 Non-Resident**		

$10 discount for each additional family member up to 3

Private Guitar Lessons - 30 Minutes

These lessons are for beginner to advanced (acoustic or electric guitar). Instructor will structure progressive lessons based on students' individual needs and interest. **NOTE: Each student will be placed in a 30-minute (private lesson) time slot. All students must bring a guitar to class. Call Frank at Palos Music Instruction at 708-974-8002 to set up day & time for lessons. This is a 6-week program (1 lesson per week).**

Dates:	**January 9 - February 18**	**336395-02**
	February 20 - April 1	**436495-01**
	April 3 - May 13	**436495-02**
Day:	**Monday - Saturday**	
Time:	**10:00 a.m. - 8:00 p.m.**	
	(30 minute time slot)	
Ages:	**5 years & up**	
Location:	**Palos Music Instruction, 10604 S. Roberts Rd.**	
Min/Max:	**6/10**	
Fee:	**$113 Resident, $118 Non-Resident**	

$10 discount for each additional family member up to 3

Horseback Riding Lessons

Staff will teach riders for pleasure or to show competitively. All riders must sign a release waiver and wear safety helmet while riding. Helmets are available to rent for $1 per time. All riders must wear long pants. No shorts. All lessons are fully-supervised. **NOTE: Bring your receipt to the stables to set-up time and day. Call stables at 708-598-7718 for more information or visit their website at ntridingacademy.com.**

Dates:	**December-February**	**301310-01**	**Ages:**	**8 years & up**
	March-May	**401410-01**	**Fees:**	**Beginner: $260 (5x Lessons)**
Location:	**New Traditions Riding Academy**			**Beginner: $470 (10x Lessons)**
	10100 S. Kean Ave.			**Non-residents pay $10 more to the prices listed**

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, four-time National Champion, President of the American Shotokan Karate Association, and former President of the U.S. National Karate Federation.

Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuing through advanced students will be accepted after the start date, but the full class fee is required.

Uniforms and belt-testing are options available through the ISKC instructor for an additional fee.

PRE-KARATE (4-6 Years) • In our Pre-Karate safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

YOUTH KARATE (7-14 Years) • ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class routine.

ADULT KARATE (15 Years & Older) • Our adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self- defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

PARENT/CHILD KARATE (Children 7 & Up) *Fees are per person • An excellent opportunity to spend quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness. Please note that the Youth, Parent/Child and Adult classes train together.

NOTE: Participants should wear loose fitting clothes to class. Through the cooperation of the Oak Lawn Park District and the Illinois Shotokan Karate Club, we are able to offer Hickory Hills residents additional classes at the Oak Lawn Park District at a resident rate. Registration for Oak Lawn classes is taken at Oak Lawn Park District, 9401 S. Oak Park Ave., Oak Lawn, IL. 708-857-2420.

Residents of Hickory Hills, Oak Lawn, and/or Burbank receive resident rate.

Classes are held at Krueger Park Recreation Center, 9100 S. 88th Ave.

Winter Session - 12 Weeks

Tuesday Classes

January 3 - March 21		$156 Res./$161 Non-Res.	
Program #	**Time**	**Level/Color**	**Age**
301313-02	6:00 - 7:00 p.m.	Beginner/Novice White - Orange	7 & Up
301313-03	7:00 - 8:00 p.m.	Intermediate Yellow - Purple	7 & Up
301313-04	8:00 - 9:00 p.m.	Advanced Brown - Black	7 & Up

Saturday Classes

January 7 - March 25		$156 Res./$161 Non-Res.	
Program #	**Time**	**Level/Color**	**Age**
301313-01	9:00 - 9:55 a.m.	Beginner/Continuer Pre-Karate	4 - 6
301313-05	10:00 - 11:00 a.m.	Beginner/Novice White - Blue	7 & Up
301313-06	11:00 a.m. - Noon	Intermediate Green - Black	7 & Up

SPRING CLASSES - 10 Weeks

Tuesday Classes

April 4 - June 6		$130 Res./$135 Non-Res.	
Program #	**Time**	**Level/Color**	**Age**
401413-02	6:00 - 7:00 p.m.	Beginner/Novice White - Orange	7 & Up
401413-03	7:00 - 8:00 p.m.	Intermediate Yellow - Purple	7 & Up
401413-04	8:00 - 9:00 p.m.	Advanced Brown - Black	7 & Up

Saturday Classes

April 1 - June 3		$130 Res./$135 Non-Res.	
Program #	**Time**	**Level/Color**	**Age**
401413-01	9:00 - 9:55 a.m.	Beginner/Continuer Pre-Karate	4 - 6
401413-05	10:00 - 11:00 a.m.	Beginner/Novice White - Blue	7 & Up
401413-06	11:00 a.m. - Noon	Intermediate Green - Black	7 & Up

Any registration for Tuesday classes received after 5:00 p.m. on the first day of class & registration for Saturday classes received after 5:00 p.m. on the Friday before the first class, will be charged a $15 late fee.

MMA - Mixed Martial Arts (For Teens)

Join us for the most effective styles of martial arts, infused with lessons on character development. Students 12 - 17 will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills. This is done through our structured curriculum. Students will focus on boxing and kickboxing techniques (kicking, footwork, and defense), judo/wrestling technique (take-downs and devending take-downs) and "Mat Chat" (the personal development topic of the program). This program is being structured from young to older adults.

Session I:	**Jan. 5 - Feb. 9**	**341311-02**
Session II:	**Feb. 23 - Mar. 30**	**441411-01**
Session III:	**Apr. 13 - May 18**	**441411-02**
Day:	**Thursday**	
Time:	**7:00 p.m. - 8:00 p.m.**	
Ages:	**12 - 17 years**	
Instructor:	**Victory Family MMA**	
Location:	**Krueger Park Gym**	
Min/Max:	**8/20**	
Fee:	**$94 Resident, $99 Non-Resident**	

Monday Night Basketball 541575-03

Every player must show a picture ID with name, address, and age listed. **NOTE: Pay at the door each night.**

Dates:	**January 9 - April 24**
Day:	**Monday**
Time:	**7:30 p.m. - 9:00 p.m.**
Ages:	**21 years & up**
Location:	**Krueger Park Gym**
Min/Max:	**8/30**
Fee:	**$6 Resident, $8 Non-Resident**

Zumba Class

This is a "feel-good" workout like no other that is great for the body and mind. Our master instructor will guide you through a series of unique moves and combinations providing you with a dynamic interval style workout. No dance experience is necessary and all fitness levels are welcome.

Dates:	**January 4 - February 8**	**343319-02**
	February 22 - March 29	**443419-01**
	April 12 - May 17	**443419-02**
Day:	**Wednesday**	
Time:	**6:15 p.m. - 7:15 p.m.**	
Ages:	**14 years & up**	
Location:	**Krueger Park Activity Room A & B**	
Min/Max:	**7/15**	
Fee:	**$55 Resident, $60 Non-Resident**	

Open Gym - Basketball (Unscheduled)

Any open gym for basketball (not designated) will require a small fee to play. Call 708-599-7337 for availability.

18 years & older

Fee: $5 Resident, $7 Non-Resident

Recreational Volleyball

This instructional program for boys and girls will stress overhand serving, passing, setting, footwork and fun. Games will be held each week.

Dates:	**January 12 - February 23**	**321376-01**
	March 9 - April 20	**421476-01**
Day:	**Thursday**	
Time:	**4:30 p.m. - 5:45 p.m.**	
Ages:	**10-16 years**	
Location:	**Krueger Park Gym**	
Min/Max:	**7/12**	
Fee:	**$45 Resident, $50 Non-Resident**	

Friday Hoops

Play basketball with your friends or just come out to shoot around. Pay at the door and enjoy fast break games. A maximum of 25 players are allowed in the gym at one time. **NOTE: All players must fill out a Friday Hoops form before participating. No hoops Feb. 17, 24 & April 7. Cash only!**

Dates:	**January 6 - June 2**	
Day:	**Friday**	
Grades/Times:	**5th - 8th Grade**	**421436-01**
	4:00 p.m. - 6:00 p.m.	
	9th - 12th Grade	**431436-01**
	6:30 p.m. - 8:30 p.m.	
Location:	**Krueger Park Gym**	
Min/Max:	**12/25**	
Fee:	**$5 (each day pay at the door, 5th - 8th)**	
	$7 (each day pay at the door, 9th - 12th)	

Hatha Yoga

Hatha Yoga is about finding a balance between the body, mind, and spirit. Hatha yoga uses body poses, breathing techniques and meditation in hopes of bringing flexibility, and manage stress. It is always advisable, especially if pregnant, to consult a physician before undertaking any physical activity. Bring your mat and water bottle.

Dates:	**Jan. 9 - Feb. 13**	**343320-02**
	Feb. 27 - Apr. 3	**443420-01**
	Apr. 17 - May 22	**443420-02**
Day:	**Monday**	
Time:	**6:15 p.m. - 7:15 p.m.**	
Ages:	**16 years & up**	
Instructor:	**Pam Lawrence**	
Location:	**Krueger Park Activity Room A & B**	
Min/Max:	**8/14**	
Fee:	**$52 Resident, $57 Non-Resident**	

FITNESS CENTER

Resident rate is for Hickory Hills, Palos Hills, & Burbank Residents.

Fitness Center Membership	Resident	Non-Res.	Program #
Annual Individual Rate (16 - 61 years)	$195.00	$260.00	541594-01
Married/Spouse or couple with formalized commitment agreement in the same household	$285.00	$385.00	541594-01
Add An Additional Family Member	$90.00	$125.00	541594-01
Annual Senior Rate (62 years and over)	$115.00	$155.00	551593-01
Annual Senior Married/Spouse Rate	$180.00	$220.00	551593-01
6-Month Membership (consecutive months)	$130.00	$165.00	541594-02
6-Month Membership (consecutive, Married/Spouse)	$200.00	$270.00	541594-02
Additional Family Member 6-Month Membership (consecutive months)	$70.00	$105.00	541594-02
Winter Break College Students (December 5th - January 8 th)	$35.00	$40.00	541594-06
Hydro Massage Wellness - 3-Months Unlimited (Member) (limit one use per day)	$25.00	$25.00	541502-01
Hydro Massage Wellness - 3-Months Unlimited (Non-Member)(limit one use per day)	$35.00	$35.00	541502-01
Guest Pass- Valid on date of purchase only	$6.00	$8.00	541594-03
Daily Punch Card (6 Punches)	$36.00	$48.00	541594-04

Walking Track Membership	Resident	Non-Res.	Program #
Individual (16 - 61 years)	$65.00	$90.00	541555-01
Senior (62 years & over)	$50.00	$90.00	551556-01
Daily Pass Individual	$2.00	$3.00	541556-01

Memberships, unless otherwise stated, are good for one year from date of registration.

Fitness Center Holiday Hours

December 24	8:00 a.m. - 12:00 p.m.
December 25	Closed
December 31	8:00 a.m.- 12:00 p.m.
January 1	8:00 a.m.- 12:00 p.m.
April 15	5:30 a.m.- 6:00 p.m.
April 17	Closed
May 30	8:00 a.m.- 12:00 p.m.

Fall Fitness Center / Walking Track Hours (December 1 - May 29

Monday - Friday - 5:30 a.m. - 9:00 p.m.
Saturday - 7:00 a.m. - 4:00 p.m.
Sunday - 8:00 a.m. - 3:00 p.m.

Family Member Rate Policy:

An immediate family member is defined as a married/spouse, and/or child(ren) living in the same household, that is 24 years old or younger (14 - 24 years).

MEMBERSHIP CATEGORIES INCLUDE:

Fitness Center Memberships - Includes fitness center, locker rooms, & walking track access.
Walking Track Memberships - Allows member access to walking track & locker rooms only.
Individual Members are defined as adults 16 and over.
Additional family members are defined as children (14-24 years) residing in the same household.
All family memberships will expire on the same day.

If you have any medical concerns (including pregnancy), consult your physician before using the walking track and/or fitness center equipment. No refunds/credits will be made on any memberships or daily passes. No refunds for any medical reasons.

Sore Muscles? Stress? Hydro Massage!

Relax and refresh with a warm water massage!

Membership	Unlimited 3-month	Single use
	15 mins (once per day)	15 mins (each use)
Fitness Members	$25	$4
Non-Members	$35	$5

Benefits of Hydro Massage:

*Relieve Arthritis
*Increase flexibility
*Relieve muscle soreness
*Speed up recovery
*Decrease general pain
*Increase circulation

Note: You don't have to get undressed. You can enjoy your massage fully clothed and comfortable.

To replace a lost or stolen fitness center card, the fee is $7 per card.

Locker Rental Fees:

Resident: 6-Months	$15	Men's	541500-01
		Women's	541500-02
Non-Resident: 6-Months	$20	Men's	541500-01
		Women's	541500-02

Adult Activities

Bingo Night

Enjoy a refreshing beverage with snacks and dinner while you engage in a variety of bingo games (18-25). Prizes will be awarded for each game winner. Sit down and enjoy the company of your friends as we'll do the rest. Every player will get to create their own Bingo card for the grand prize game! **NOTE: Every player will receive multiple cards. Fee includes prizes, snacks, dessert, refreshments (coffee, pop, & water), and dinner.**

Day & Date:	**Thursday, February 16**	**355375-02**
	Tuesday, April 11	**455475-01**
Time:	**5:30 p.m. - 8:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Rooms A & B**	
Min/Max:	**30/50**	
Fee:	**$20 Resident, $22 Non-Resident**	

Left, Center, Right

LCR, short for "Left, Center, Right", is a simple dice game to play. Participants roll three dice marked with 3 individual dots, Left, Center, and a Right. The point of the game is to roll a dot(s) in order to win the game. You will be treated to **pizza, popcorn, refreshments**, and a chance to win some fabulous prizes.

Day & Date:	**Friday, January 6**	**346321-01**
	Friday, March 31	**446421-01**
Time:	**7:00 p.m. - 9:00 p.m.**	
Ages:	**21 years & Up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**10/24**	
Fee:	**$15 Resident, $17 Non-Resident**	

Tenzi

Tenzi is the fast-paced dice rolling game for any number of players. The rules are simple. This game is played as fast as you roll and the fun is immediate. Be the first to roll all 10 of your dice to the same number to win. The person with the most wins at the end will win a prize! All levels are welcomed.

Day & Date:	**Friday, February 24**	**346337-01**
	Friday, April 28	**446437-01**
Time:	**7:00 p.m. - 9:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**8/20**	
Fee:	**$15 Resident, $17 Non-Resident**	

Grand Bingo 455475-02

Enjoy this special Bingo event where everyone is **guaranteed a prize**. Come for a chance to win fabulous prizes and a chance to win the "Grand Prize". Sit down and enjoy the company of your friends as we'll do the rest. **NOTE: Every player will receive multiple cards. Fee includes prizes, snacks, dessert, refreshments (coffee, pop, & water), and lunch.**

Day & Date:	**Saturday, May 20**
Time:	**1:00 p.m.- 4:00 p.m.**
Ages:	**21 years & up**
Location:	**Krueger Park Activity Rooms A & B**
Min/Max:	**30/50**
Fee:	**$22 Resident, $24 Non-Resident**

Farkle

Enjoy an evening of Dice! Farkle is a dice game in which the goal is to get the highest score on the highest round of play. You will be treated to dinner and refreshments and a chance to win some fabulous gift certificates. **NOTE: If you do not know how to play, come early and we will teach you before we get started. Dinner and refreshments will be served.**

Day & Date:	**Friday, January 13**	**346336-01**
	Friday, March 24	**446436-01**
Time:	**7:00 p.m. – 9:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**10/24**	
Fee:	**$15 Resident, $17 Non-Resident**	

Bunco Blast

Enjoy an evening of Dice! Sign up to play this old parlor dice game at Krueger Park. You will be treated to **pizza, popcorn, refreshments,** and a chance to win some fabulous **gift certificates** and prizes. **NOTE: Beginners are welcome.**

Day/Date:	**Friday, February 10**	**346374-01**
	Friday, May 12	**446474-01**
Time:	**7:00 p.m. - 9:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**8/24**	
Fee:	**$15 Resident, $17 Non-Resident**	

"21" Double Down 256205-01

Do you love the game of "Blackjack"? We will enjoy lunch, refreshments, and dessert before trying our luck in cards. Many prizes will be awarded after the competition. All levels are welcome!

Day & Date:	**Thursday, January 19**	**356305-01**
	Thursday, March 2	**456405-01**
Time:	**11:30 a.m. - 2:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**15/22**	
Fee:	**$16 Resident, $18 Non-Resident**	

Chess Open Play

Do you enjoy the game of chess or are interested in learning how to play? Then come join us for our open chess play and challenge your friends or learn how to become a chess player.

Day:	**Wednesday**	
Date:	**January - February**	**356318-01**
	March - May	**456418-01**
Time:	**10:00 a.m. - 12:00 p.m.**	
Ages:	**55 years & up**	
Location:	**Krueger Park Rec. Center**	
Min/Max:	**6/20**	
Fee:	**$4 Resident, $6 Non-Resident Daily**	

Progressive Rummy

Progressive Rummy is a very easy game to learn. Each hand has a different wild card. Register for this enjoyable day at Krueger Park.

Day & Date:	**Friday, January 13**	**356345-01**
	Friday, March 10	**456445-01**
	Friday, May 5	**456445-02**
Time:	**11:30 a.m. - 2:30 p.m.**	
Ages:	**50 years & up**	
Location:	**Krueger Park Activity Rooms A & B**	
Min/Max:	**20/35**	
Fee:	**$11 Resident, $13 Non-Resident**	

Texas Hold'em Poker Tournament 246206-01

Join us for this popular style of poker where prizes will be awarded after the competition. New players are welcome to play and learn while enjoying a boxed lunch and refreshments.

Day & Date:	**Thursday, February 2**	**346406-01**
	Thursday, April 27	**446406-01**
Time:	**11:30 a.m. - 2:00 p.m.**	
Ages:	**21 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**12/16**	
Fee:	**$16 Resident, $18 Non-Resident**	

Dominoes

This is an easy game with simple rules, but the fun is limitless. Lunch will be served around noon.

Day & Date:	**Friday, February 3**	**356316-01**
	Friday, March 17	**456416-01**
	Friday, April 21	**456416-02**
Time:	**11:30 a.m. - 2:30 p.m.**	
Ages:	**25 years & up**	
Location:	**Krueger Park Activity Rooms A & B**	
Min/Max:	**20/35**	
Fee:	**$11 Resident, $13 Non-Resident**	

Pinochle

Do you like playing cards? How about Pinochle? The other participants will teach you how to play the entertaining game of Pinochle. Once you learn, you'll be hooked forever.

Day & Date:	**Friday, February 17**	**356302-01**
	Tuesday, March 28	**456402-01**
Time:	**11:30 a.m. - 2:00 p.m.**	
Ages:	**50 years & up**	
Location:	**Krueger Park Activity Room C**	
Min/Max:	**8/30**	
Fee:	**$11 Resident, $13 Non-Resident**	

Indoor Pickleball Open Gym 441440-01

Join this really fun and popular game! It's a little like badminton, a little like tennis and a little like table tennis. The rules are short and simple and the racquets and balls are light weight. Played on a badminton sized court (two on a side) with a low net, the first team to score 11 points wins. Please bring your own paddles and balls, if you have them.

Dates:	**January 4 - April 21**	**Ages:**	**21 & Older**
Day:	**Wednesday and Friday**	**Location:**	**Krueger Park Rec. Center**
Time:	**7:00 a.m. - 9:00 a.m.**	**Min/Max:**	**8/20**
Fee:	**$5 Resident, $7 Non-Resident**		

SENIOR LUNCHEONS

S&S Luncheon 356380-01
Join us for everyones's favorite warm up winter luncheon, our soup and sandwich luncheon. We will provide a couple of soups to taste as well as a delicious sandwich to enjoy.
Day/Date: Tuesday, January 17

Mardi Gras Luncheon 356319-01
Join our feast on Mardi Gras "Fat Tuesday". We will indulge on a variety of tasty foods that are mild and some spicy. Come dressed up for Mardi Gras and recieve a prize for most festive participant.
Day/Date: Tuesday, February 21

Salute to All Mom's Luncheon 456435-01
We all would not be here without our moms so let's take some extra time to thank them on this special luncheon. We will pay tribute to the fabulous mothers and mother figures in our lives.
Day/Date: Tuesday, May 16

Pasta-Palooza 456423-01
Join us for this carbs, loving feast of pastas. At this luncheon sample a variety of pasta dishes as well as some of your italian favorites. We will make sure to include some creamy and red sauces as well.
Day/Date: Tuesday, March 21

Tax Free Luncheon 456442-01
Tax Day is here so enjoy a tax-free meal. We will enjoy the company of our friends at this luncheon while playing a few games to win some fabulous prizes to take home.
Day/Date: Tuesday, April 18

NOTE: Fee for each luncheon includes dessert, lunch, and refreshments. No refunds/credits on Luncheons including medical reasons.

Time: Noon – 2:00 p.m.
Ages: 50 years & up
Location: Krueger Park Rec. Center
Min/Max: 100/125
Fee: $10 Resident, $13 Non-Resident

MATURE ADULT EXERCISE

Easy Does It
This exercise class opens with a warm-up (8-10 minutes), which includes range of motion exercise and stretching to increase flexibility. This is followed by a 20-minute low impact "aerobic" segment to improve cardiovascular fitness. Class ends with toning, firming and more stretching. Classes are geared for seniors, and everyone is encouraged to go at his/her own pace. **NOTE: Hand weights will be available. No class January 17, February 21, March 21, April 18.** Instructor will teach class via zoom, participants will meet at C.N. Center for class.

Dates: Jan. 10 - Mar. 2 353307-01
Mar. 14 - May. 4 453407-02
Day: Tuesday & Thursday
Time: 10:00 a.m. - 10:45 a.m.
Ages: 50 years & up
Location: Cynthia Neal Center
Min/Max: 12/34
Fee: $75 Resident, $80 Non-Resident

Chair Yoga
Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a chair. The chair replaces the mat and becomes an extension of the body. Bring a water bottle with you. Anyone can practice yoga regardless of age, experience, or level of flexibility – we can all benefit from yoga.

Dates: January 9 - February 13 351320-02
February 27 - April 3 451420-01
April 17 - May 22 451420-02
Day: Monday
Time: 5:15 p.m. - 6:15 p.m.
Ages: 50 years & up
Instructor: Pam Lawrence
Location: Krueger Park Activity Room A & B
Min/Max: 10/24
Fee: $52 Resident, $57 Non-Resident

Four Winds Casino Resort

Join us for an exciting day at Four Winds Casino Resort in New Buffalo, Michigan! Enjoy over 3,000 of the latest slots (1¢ to $100) and a large selection of table games at this beautiful Midwest casino. Four Winds is the only casino in the area to offer million dollar jackpots! **NOTE: Fee includes transportation, $15 instant credit/free slot play and a $10 food coupon. Everyone must bring a state ID to the casino to receive the above package.**

Day/Date:	**Friday, January 20**	**304304-01**
	Friday, March 24	**404404-02**
Time:	**Departs 8:30 a.m. Return 4:15 p.m.**	
Ages:	**21 years & up**	
Location:	**Bus departs from Krueger Park**	
Min/Max:	**40/50**	
Fee:	**$40 Resident, $45 Non-Resident**	

Starved Rock Classic Crooners Matinee 304310-01

Get one more show in during the holiday season at Starved Rock Lodge and hear Christmas songs from classic, like Frank Sinatra, Elvis, Bing Crosby, and Nat King Cole. Acclaimed, classy, fun and exciting Chicago pop-jazz concert and recording artist. Peter Oprisko has been performing at Starved Rock Lodge for many years, and he always puts on an amazing show. **NOTE: Trip includes transportation, entry free and hot lunch buffet.**

Day/Date:	**Tuesday, December, 13**
Time:	**Depart 9:30 a.m. Return 4:30 p.m.**
Ages:	**18 yrs & older**
Location:	**Bus departs from Krueger Park**
Min/Max:	**20/23**
Fee:	**$100 Resident, $105 Non-Resident**

Hard Rock Casino (Gary, IN.) 344358-01

Welcome to the newest casino in Indiana, Hard Rock Casino Northern Indiana! This state-of-the-art casino brings world-class gaming and Hard Rocks Signature, high-octane style, to Northern Indiana. Test your luck on the casino floor and from over 1,800 table games and slot machines, in and effort to win big! Whether you're a high roller or just hoping to have some fun, you're sure to find it here. **NOTE: Trip includes transportation only to the casino.**

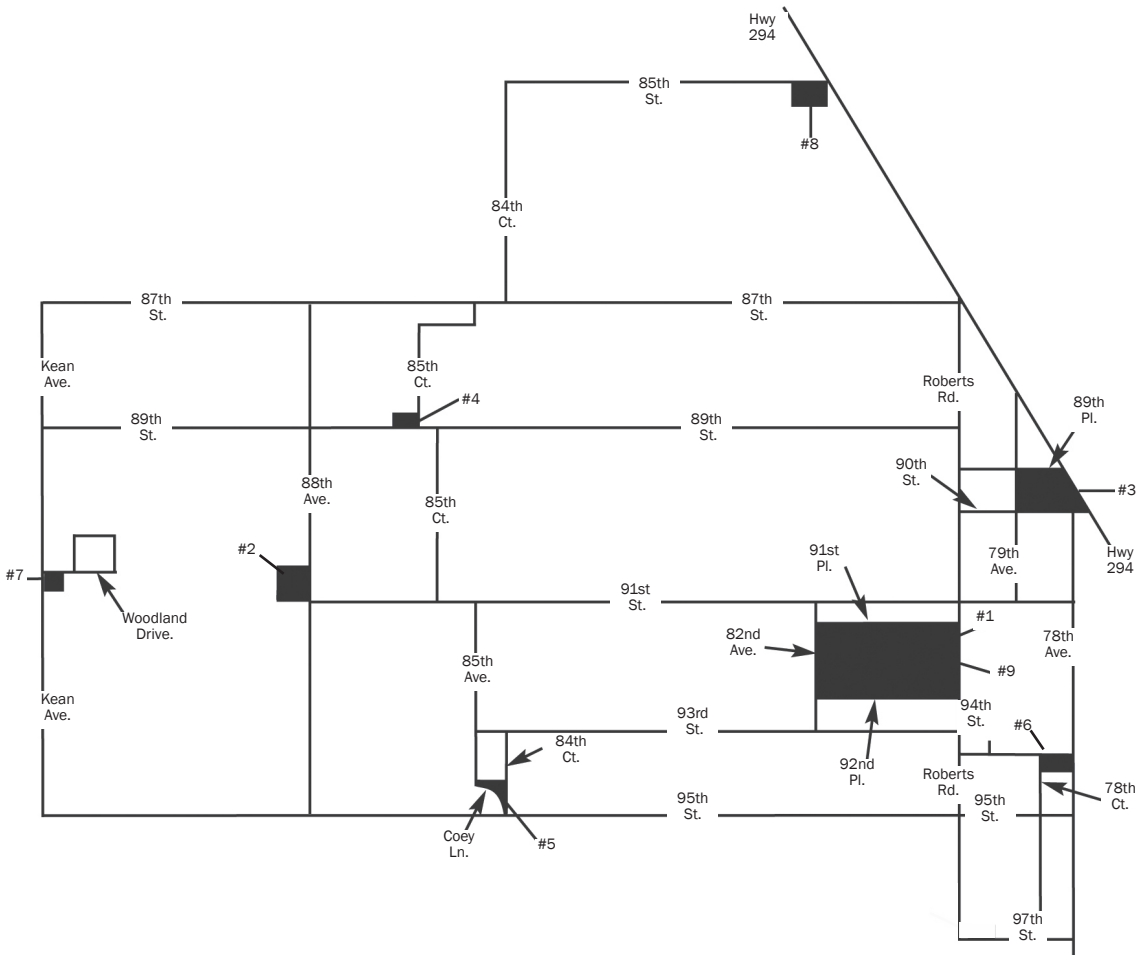
Day/Date:	**Friday, February 24**
Time:	**Depart 9:30 a.m. Return 3:30 p.m.**
Ages:	**21 yrs & older**
Location:	**Bus Departs Krueger Park Rec. Center 9100 S. 88th Avenue**
Min/Max:	**40/55**
Fee:	**$30 Resident, $35 Non-Resident**

Santa Cruise 304306-01

There's nothing else like it! Embark on a Magical Christmas boat cruise to Santa's North Pole hideaway in Lake Geneva. Along your lake tour you will be enchanted by lighted displays that unfold the story of your journey to the North Pole. From the boat, sneak a peek at the shorelines to see santa's hideaway and santa himself as he reads the names of the children on board who are on his "Nice List". A cash bar with adult and childrens beverages is available. Before the journey begins, we will walk through the Charities of Christmas Trees Festival. The indoor Winter Wonderland includes decorated trees, sure to delight all ages. Afterwards enjoy time for a meal or time to walk around downtown Lake Geneva.

Day/Date:	**Wednesday, December 28**	**Min/Max:**	**30/32**
Time:	**Depart 2:15 p.m. Return 9:00 p.m.**	**Fee:**	**Children 14-17**
Ages:	**All Ages (Under 16 Must be accompanied by an adult)**		**$54 Resident, $59 Non-Resident**
			Adults/Seniors
Location:	**Bus departs from Krueger Park**		**$72 Resident, $77 Non-Resident**
	Rec. Center (9100 S. 88th Avenue)		**Children 3 yrs & Under free**

KNOW YOUR PARKS & FACILITIES



	Administrative Office	Basketball Court (Outside)	Ball Diamond (Lit)	Ball Diamond (Not Lit)	Gymnasium	Maintenance Garage	Activity Room	Multi-Purpose Room	Parking Facilities	Picnic Area	Play Apparatus	Recreation Center	Fishing Pond	Soccer/Football Field	Tennis Courts (Lit)	Tennis Courts (Not Lit)	Walking Trail (Per Lap)	Outdoor Fitness Station	Splash Pad	Indoor Walking Track/ Fitness Center	Skate Park	Perfomance Stairs	Total Acreage
#1. Cynthia Neal Center Kasey Meadow Park 8047 W. 91st Pl.	1	1		2		1	1	1	3	1	2	1		2	2		1/2 Mile	1	1		1	1	17.0
#2. Krueger Park 9100 S. 88th Ave.		1		1	1		3		1	1	1	1				2	1/4 Mile			1			10.0
#3. Martin Park 89th Pl. & 78th Ave.			2						3				1	1			1/8 Mile						6.9
#4. Petkiewicz Park 89th St. & 85th Ct.										1	2												1.75
#5. Doug Osborne Park 9400 S. 84th Ct.									1	1	1												1.0
#6. Memorial Park 94th St. & 78th Ave.									1	1	1												1.0
#7. Woodland Park Woodland Dr. & Kean Ave.											1												.5
#8. Prairie View Park 82nd Ave. & 85th St.									1	1	1		1				7/8 Mile						4.0
#9. Maintenance Facility 9156 Roberts Rd.						1																	.275

REGISTRATION FORM

Mail-in or Drop-off registration at Hickory Hills Park District,
Cynthia Neal Administration & Recreation Center, 8047 W. 91st Pl.,
or Krueger Recreation Center, 9100 S. 88th Avenue, Hickory Hills, IL 60457.

Last Name: _____ First Name:_____ Date: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Address: _____ City: _____ Zip: _____

Emergency Phone : _____ E-mail Address:_____

☐ If you or your child need any special accommodations to participate in this program, or if your child has an IEP, please check box. Please note on a separate piece of paper and call (708) 598-1233 to discuss special accommodations. Indicate shirt size only if shirt is included in program fee.

Participant's First Name	Participant's Last Name	Date of Birth	Gender	Program #	Program Title	Fee
Office Use Only: F WI WIA MI DB R NR _____Staff initial _____ Date Received						

Family Member Rate Policy

An immediate family member is defined as a married/spouse and/or child(ren) that is 24 years or younger, living in the same household.

Waiver & Release Important Information

The Hickory Hills Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Park District continually strives to reduce risks and asks that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for a program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities or programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning Of Risk

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor recreational activities exist. In this regard, it must be recognized that it is impossible for the Hickory Hills Park District to guarantee absolute safety.

Waiver & Release of All Claims And Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Hickory Hills Park District, including its officers, officials, agents, volunteers and employees. By signing this waiver, I hereby grant permission for any pictures taken of participants to be used for publicity or in brochures related to the programs of the Hickory Hills Park District.

I have read and understand the refund policy as stated on the General Information pages. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, my facsimile signature shall substitute for and have the same legal effect as an original form signature. If registering a minor participant, I further attest that I have read the above to my minor child/ward.

X_____

Signature of parent, guardian, or adult participant 18 years or older Date

Participation will be denied if the signature of adult participant or parent/guardian and date are not on this waiver. **12/22**

General Information

Registration Information

• Walk up registration is accepted at the Cynthia Neal Center & Krueger Park Recreation Center when the building is open. After 5 PM, drop off registration is accepted with a check payment. **No receipt will be mailed to you unless you request one.** You may use the drop box located to the left of the front doors at the Cynthia Neal Center. This drop box is accessible 24 hours a day.
• All mail-in registration will be accepted at the Cynthia Neal Center, 8047 W. 91st Place. All mail-in registration will be processed the day it is received during registration dates. Please be sure to include the mail-in registration form, and fill-in all necessary information, as well as signing the waiver on the registration form. Mail the registration form along with appropriate program fees, and include non-resident fee when applicable. Make checks payable to the Hickory Hills Park District. Please do not send cash. The park district is not responsible for lost or late mail/drop box registration.
• No eligible participant shall, on the basis of race, sex, creed, national origin or disability be denied equal access to program activities, services or benefits or be limited in the exercise of any right, privilege advantage or opportunity.
• Registration fees for late registration will not be prorated and late fees may be added.
• All in person registration is taken at the Cynthia Neal Center, located at 8047 W. 91st Place, or Krueger Park Recreation Center, located at 9100 S. 88th Avenue.
• No one will be enrolled in any program unless the registration form is properly signed.
• All registration is on a first come, first serve basis, and no space will be held unless the fee is paid. Proof of residency must be shown at the time of registration. When programs are filled, a waiting list will be started, and an attempt will be made to create additional classes.
• A $37 service charge will be assessed for any checks returned by the bank, along with any charge backs from a credit/debit card.
• **Programs that have not reached minimum enrollment one week prior to the first meeting may be cancelled. Register as early as possible for all classes, programs, special events, & trips.**

Information About Insurance

Soccer Court Rules

CAUTION: Soccer is a high risk recreational activity with inherent risks of serious injury.
- Hours: 9 a.m. until dusk.
- Do not climb on soccer goals.
- No food or drinks. No alchol, drugs or smoking/vaping in court area.
- Park District programs have priority.
- No bikes, skateboard, scooter, or roller blades on the court.
- If others are waiting be courteous and limit time to 1-hour
- No pets allowed.
- No profanity.
- Limit play to 1-hour if others are waiting.

The park district is committed to conducting its recreation programs and activities in the safest manner possible. Participants and parents or guardians registering their children in recreation programs must recognize that there is an inherent risk of injury when choosing to participate in recreation activities. The park district continually strives to reduce such risks and insists that all participants follow safety rules and instructions. Please recognize that the park district does not carry medical accident insurance for injuries sustained in its programs. The cost of this insurance would make program fees prohibitive.

Due to insurance regulations, children are not allowed in adult classes with parents. The Park District is also not responsible for children left unsupervised while a parent attends a class.

Child Pick-Up Policy

To insure the safety of the children, we ask you to drop off and pick up your child(ren) promptly when classes are over. Also, please instruct your child(ren) to wait inside the building for you when class is over. Instructors/Coaches will not allow child(ren) under 10 years of age to leave without an adult or older sibling. Children, whose parents fail to pick them up before a specified time, will be taken to the office until a parent arrives. If a child is not picked up within 10 minutes, the park district will contact the child's emergency phone number. If the park district cannot reach anyone, the child will be held until closing time or for a maximum of two hours, whichever comes first. There will be a $5.00 late fee per child assessed for every 10 minutes you are late picking up your child(ren) after class. All fees must be paid in cash before your child can continue in the class or register for any future classes. If no one can be contacted at closing time of the building, or by the maximum time limit of two hours, the police will be contacted and your child will be taken into protective custody until a parent or guardian can be notified. Once under police jurisdiction, the park district is not responsible for any legal ramifications. If you are late and the building is closed, and you are unable to reach park district staff:
1. Contact the people on your emergency form to verify whether or not any of them have your child.
2. Call the police (708-598-1313) if you cannot locate your child.

More than two late pick-ups may result in your child being dropped from the program. No refund will be given.

Skate Park Rules

- Hours of operation: 9 a.m. until dusk
- Do not use if equipment is broken or wet. Contact the Hickory Hills Park District Maintenance Department at 708-598-1233 ext. 8.
- Skaters/bikers are responsible for inspecting equipment prior to using to ensure that it has not been vandalized and is safe for skating.
- Helmets, knee & elbow pads, wrist guards are required while skating/bikers.
- No ramps, boxes, etc. may be brought into the park.
- NO GLASS in any form allowed.
- No alcohol, drugs, tobacco or vaping allowed.
- All participants will refrain from acting in any manner which may cause or contribute to death or injury to themselves or to any other persons.
- All participants will act within the limits of their ability.
- Participants are allowed to skate/bike only inside the facility.
- Profanity, fighting or any disorderly conduct will result in expulsion from the skate park.
- Graffiti of any kind is not allowed, this includes but not limited to stickers, markers, and/or spray paint.
- All participants will maintain control of their equipment while skating. The park district is not responsible for lost/stolen equipment.
- Climbing fence to gain access is strictly prohibited. Violators will be subject to arrest.
- If rules are not followed, H.H.P.D. may elect to temporarily or permanently close the park.
- Park will be closed during inclement weather.
- Park sponsored programs have priority.

The Park District is not responsible for any lost or stolen items.

Refund Policy

• Refund requests for any class MUST be made Monday through Friday, 9 a.m. to 5 p.m., and at least 48 hours prior to the program's second meeting. After the program's second meeting, no refund will be issued.
• An administrative fee will be assessed on all credits or refunds. Credits will be charged a $1 administrative fee, and all refunds by check will be charged a $5 administrative fee.
Refunds for special events, one day program/events, and trips will be issued only if cancelled by the Park District.
• There will be a 30-day waiting period on all refunds. All refunds will be mailed. **No cash or credit card refund will be given.**
• Refunds/prize money checks not cashed within 180 days will be voided and considered a donation to the park district.
• T-shirts/Uniforms issued in a program cannot be returned/refunded for any reason.
• All deposits are non-refundable except when programs are cancelled by the park district.
• Any refunds totaling $20 or less will automatically be applied to your household account unless the park district cancelled the program.
• No refunds will be issued if you owe a balance (this includes preschool & dance balances).
• If you paid for a friend or family member and are requesting a refund, the refund will be made out to the participant not the payee.
• Refunds will not be given for medical reasons/doctor notes.

New Arrival

Are congratulations in order? The park would like to deliver a very special bib to your newborn son or daughter. To receive the gift, simply call the park district office at 708-598-1233, informing us of your new arrival. We'll send the gift directly to your home! CONGRATULATIONS!

Park Watch

We need your help to keep the parks clean, safe, and free of vandalism. If you find any broken equipment or have any other safety concerns about the facilities, please contact the park district at 708-598-1233. If you see vandalism occurring in the parks, please contact the police department at 708-598-1313. The park district is committed to providing a safe place for recreational activities and would prefer to enhance the quality of the parks rather than replace vandalized equipment. Thank you for your support in our efforts to provide the residents of the park district with quality park sites and facilities.

Americans with Disabilities Act (ADA)

Hickory Hills Park District complies with the ADA and will make reasonable accommodations to enable people with disabilities to participate in and enjoy recreation programs. If you have any questions about the park district's compliance, please call us at 708-598-1233. Special accomodations should be made a minimum of 3 weeks before the start date of the program during the registration process.

Parents Note

Parents are asked not to attend their child's class unless invited by the instructor. Our instructors welcome the opportunity to discuss concerns with parents before or after class, time permitting. We have found that parents and/or siblings distract from the quality of instruction. It is of equal importance that children have quality leisure time with their peers. Thank you for your cooperation. **Due to insurance regulations, children are not allowed in adult classes with parents. The Park District is also not responsible for children left unsupervised while a parent attends a class.**

Family Member Rate Policy

An immediate family member is defined as a husband, wife and/or child(ren) that is 24 years or younger, living in the same household.

Geese Update

Ducks and geese naturally feed upon aquatic plants, grains, insects and sometimes fish. Problems arise when they are fed unnatural foods. Please do not upset the delicate balance of nature DO NOT FEED THE GEESE.

Park Guidelines

For your safety and protection, the Hickory Hills Park District Board of Commissioners have established certain rules so that everyone may enjoy the park safely. You are required to comply with the following guidelines: **All animals, with the exception of service animals, are prohibited in the parks.** Violations are subject to a minimum $250 fine to a maximum or $20,000 fine. All service animals must be leashed. Parks close according to posted signs.

The following are prohibited:

- Feeding the water fowl
- Drones/unmanned air crafts
- Driving on the grass or through the parks
- Alcoholic beverages
- Barbecuing
- Golfing

Please note that any violations may carry up to a $250 fine.

There is a locked registration drop-box, accessible 24 hours a day, located to the left of the main entrance of the Cynthia Neal Administration & Recreation Center, 8047 W. 91st Pl.

Behavior/Discipline Policy

The Hickory Hills Park District has a formal discipline policy for disruptive behavior during programs/classes. You may obtain a copy from the office. The Hickory Hills Park District reserves the right to dismiss a participant and/or volunteer for disruptive behavior. Participants and volunteers are expected to exhibit appropriate behavior at all times. The following guidelines were developed to make park district programs safe and enjoyable for all participants. Additional rules may be added at the discretion of the park district. Staff, participants and volunteers shall:
• Show respect for each other
• Refrain from using foul language
• Refrain from causing bodily harm to other participants, staff and volunteers
• Show respect for equipment and facilities.

Park Usage

Your family is welcome to play in the parks. Groups of 7 or more is considered a league and will need to get an athletic field permit. We do not allow setting up cones or painting lines unless you have a permit. You may see our fields are not used at times. This is due to keeping the grass and ball fields looking good for park district programs and leagues.

- No picnic rentals
- No catered meals
- No grilling
- No pets
- No setting up of tables, chairs, inflatables, etc.
- Firearms are prohibited in any park, playground, and facility.

Athletic Field Permit

A permit is necessary for any formal or informal use of 7 or more people using our athletic fields. Permits will be issued according to availability beginning March 1, but not confirmed until April 1. For details on athletic fields call 708-598-1233 ext. 0. There are no picnic or park rentals/permits, except for the Krueger Park Picnic Shelter (weekends only).

Room Rentals

Call 708-598-1233 ext. 0 for more information on building rentals.

Typographical Errors

All typographical and printing errors are subject to correction.

MSDS sheets are available on all products used by the Park District.

swsra
SOUTH WEST SPECIAL RECREATION ASSOCIATION

SWSRA provides year round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. SWSRA offers a variety of programming for ages youth to adult.

Nicolette Lahman-Morales, Executive Director

The holidays are right around the corner and what better way to celebrate than a visit with Santa. Join us on December 8th for a special visit with Santa along with sensory play & crafts at our Sensory Depot. Registration is required for this event.

SWSRA is teaming up with South Suburban Special Recreation Association (SSSRA) to bring back adaptive sports. We are seeking athletes interested in Adaptive Basketball ages 8-18. All skill levels are welcome and sport wheelchairs will be provided. Registration is required.

For more information on these events and registration please contact our office at 708-389-9423. You may also visit our website, www.swsra.org and our Facebook page for more upcoming events and programs. We cannot wait to see you there!

Follow us on...

12521 S. Kostner Ave.
Alsip, IL 60803
708-389-9423
visit us at www.swsra.org

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Khalid Ghori
Branch Manager
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FITNESS CENTER

For more information on the fitness cennter see page 15

RENTALS AT THE PARK DISTRICT

The Hickory Hills Park District has limited activity room and field rentals available.
A permit is necessary for any use of 7 or more people using our fields outdoors. Rentals are available at the Krueger Park picnic area and athletic fields for their corresponding sports.

For more information including pricing and availability,
call 708-598-1233.

Hickory Hills Park District
8047 W. 91st Pl.
Hickory Hills, IL 60457

PRSRT MKT
US POSTAGE PAID
BRIDGEVIEW, IL 60455
PERMIT NO. 154

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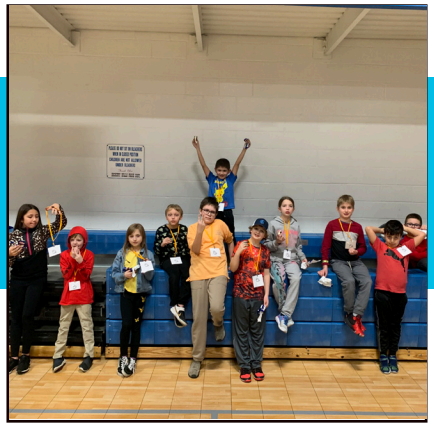
HICKORY HILLS, IL 60457

Registration Information
Resident Registration Begins Monday, December 5
Non-Resident Registration Begins Monday, December 12

Holiday After School



Among Us

T-Ball

Egg Hunt

Senior Lunch

Sled Hill

Snowman Creation

Yoga

Fishing