

ADULT ACTIVITIES

Wednesday Night Hoops

641675-02

Play basketball with your friends or just come out to shoot around. No spectators. Anyone not following the rules will be asked to leave with no refund or being suspended from the program. Every player must show a picture ID with name address, and age listed. **NOTE: Pay at the door each night.**

Dates: Dec. 20 - Jan 10

March 20 - April 24

Day: Wednesday

Time: 7:30 p.m. - 9:00 p.m.

Ages: 21 years & up

Location: Krueger Park Gym

Min/Max: 8/20

Fee: \$6 Resident, \$8 Non-Resident (each day)
Cash Only!

Hatha Yoga

Hatha Yoga is about finding a balance between the body, mind, and spirit. Hatha yoga uses body poses, breathing techniques and meditation in hopes of bringing flexibility, and manage stress. **NOTE: It is always advisable, especially if pregnant, to consult a physician before undertaking any physical activity. Bring your mat and water bottle.**

Dates: Jan. 8 - Feb. 12 343320-02

Feb. 26 - Apr. 1 443420-01

Apr. 15 - May 20 443420-02

Day: Monday

Time: 6:30 p.m. - 7:30 p.m.

Ages: 16 years & up

Instructor: Pam Lawrence

Location: Krueger Park Activity Room A & B

Min/Max: 8/14

Fee: \$54 Resident, \$59 Non-Resident

Instructional Pickleball

Have you ever thought of trying to play Pickleball but not sure how to play? Well now is the time to learn the popular trend called Pickleball. It's a little like badminton, a little like tennis and a little like table tennis. The rules are short and simple and the racquets and balls are light weight. Played on a badminton sized court (two on a side) with a low net, the first team to score 11 points wins. We will instruct you on the rules and how to play the game.

Dates: Jan. 29 - Feb. 26 341340-02

March 11 - April 8 441440-02

Day: Monday

Time: 6:30 p.m. - 7:30 p.m.

Ages: 16 years & up

Location: Krueger Park Rec. Center

Min/Max: 8/16

Fee: \$45 Resident, \$50 Non-Resident

Indoor Pickleball Open Gym 441440-01

Join this really fun and popular game! It's a little like badminton, a little like tennis and a little like table tennis. The rules are short and simple and the racquets and balls are light weight. Played on a badminton sized court (two on a side) with a low net, the first team to score 11 points wins. Please bring your own paddles and balls, if you have them. **NOTE: No Class March 4 & April 15**

Dates: January 8 - April 29

Ages: 21 & Older

Day: Monday

Location: Krueger Park Rec. Center

Time: 7:30 p.m. - 9:00 p.m.

Min/Max: 8/20

Fee: \$5 Resident, \$7 Non-Resident

Indoor Pickleball Tournament

Join this one day tournament to show off some of your pickleball skills. This tournament will welcome new and experienced players to determine who will be the overall top team for the tournament. Winning team will receive a prize. Refreshments will be included. **NOTE: Pickleball paddles available for participants if needed.**

Dates: March 4 441440-03

April 15 441440-04

Day: Monday

Time: 6:30 p.m. - 9:00 p.m.

Ages: 21 years & up

Location: Krueger Park Rec. Center

Min/Max: 8/12 teams

Fee: \$25 Resident, \$30 Non-Resident
(Per Team)

Chair Yoga

Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a chair. The chair replaces the mat and becomes an extension of the body. Bring a water bottle with you. Anyone can practice yoga regardless of age, experience, or level of flexibility – we can all benefit from yoga.

Dates: January 8 - February 12 351320-02

February 26 - April 1 451420-01

April 15 - May 20 451420-02

Day: Monday

Time: 5:15 p.m. - 6:15 p.m.

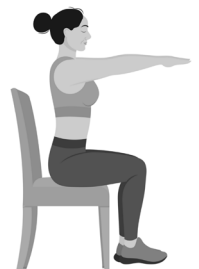
Ages: 50 years & up

Instructor: Pam Lawrence

Location: Krueger Park
Activity Room A & B

Min/Max: 10/24

Fee: \$54 Resident,
\$59 Non-Resident



ADULT ACTIVITIES

Bingo Night

Enjoy a refreshing beverage with snacks and dinner while you engage in a variety of bingo games (18-25). Prizes will be awarded for each game winner. Sit down and enjoy the company of your friends as we'll do the rest. Every player will get to create their own Bingo card for the grand prize game! **NOTE: Every player will receive multiple cards. Fee includes prizes, snacks, dessert, refreshments (coffee, pop, & water), and dinner.**

Day & Date: Thursday, February 15 355375-02
Tuesday, April 9 455475-01
Time: 5:30 p.m. - 8:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Rooms A & B
Min/Max: 30/50
Fee: \$21 Resident, \$23 Non-Resident

Left, Center, Right

LCR, short for "Left, Center, Right", is a simple dice game to play. Participants roll three dice marked with 3 individual dots, Left, Center, and a Right. The point of the game is to roll a dot(s) in order to win the game. **NOTE: You will be treated to pizza, popcorn, refreshments, and a chance to win some fabulous prizes.**

Day & Date: Friday, January 5 346321-01
Friday, April 5 446421-01
Time: 7:00 p.m. - 9:00 p.m.
Ages: 21 years & Up
Location: Krueger Park Activity Room C
Min/Max: 10/24
Fee: \$16 Resident, \$18 Non-Resident

Tenzi

Tenzi is the fast-paced dice rolling game for any number of players. The rules are simple. This game is played as fast as you roll and the fun is immediate. Be the first to roll all 10 of your dice to the same number to win. The person with the most wins at the end will win a prize! All levels are welcomed.

Day & Date: Friday, February 23 346337-01
Friday, April 26 446437-01
Time: 7:00 p.m. - 9:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Room C
Min/Max: 8/20
Fee: \$16 Resident, \$18 Non-Resident

Grand Bingo

455475-02

Enjoy this special Bingo event where everyone is **guaranteed a prize**. Come for a chance to win fabulous prizes and a chance to win the "Grand Prize". Sit down and enjoy the company of your friends as we'll do the rest. **NOTE: Every player will receive multiple cards. Fee includes prizes, snacks, dessert, refreshments (coffee, pop, & water), and lunch.**

Day & Date: Saturday, May 18
Time: 1:00 p.m.- 4:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Rooms A & B
Min/Max: 30/50
Fee: \$23 Resident, \$25 Non-Resident

Farkle

Enjoy an evening of Dice! Farkle is a dice game in which the goal is to get the highest score on the highest round of play. You will be treated to dinner and refreshments and a chance to win some fabulous gift certificates. **NOTE: If you do not know how to play, come early and we will teach you before we get started. Dinner and refreshments will be served.**

Day & Date: Friday, January 12 346336-01
Friday, March 22 446436-01
Time: 7:00 p.m. - 9:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Room C
Min/Max: 10/24
Fee: \$16 Resident, \$18 Non-Resident

Bunco Blast

Enjoy an evening of Dice! Sign up to play this old parlor dice game at Krueger Park. You will be treated to pizza, popcorn, refreshments, and a chance to win some fabulous gift certificates and prizes. **NOTE: Beginners are welcome.**

Day/Date: Friday, February 9 346374-01
Friday, May 10 446474-01
Time: 7:00 p.m. - 9:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Room C
Min/Max: 8/24
Fee: \$16 Resident, \$18 Non-Resident

ADULT ACTIVITIES

"21" Double Down

Do you love the game of "Blackjack"? We will enjoy lunch, refreshments, and dessert before trying our luck in cards. Many prizes will be awarded after the competition. All levels are welcome!

Day & Date: **Thursday, January 18** 356305-01
Thursday, March 7 456405-01
Time: 11:30 a.m. - 2:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Room C
Min/Max: 15/22
Fee: \$17 Resident, \$19 Non-Resident

Texas Hold'em Poker Tournament

Join us for this popular style of poker where prizes will be awarded after the competition. New players are welcome to play and learn while enjoying a boxed lunch and refreshments.

Day & Date: **Thursday, February 1** 346306-01
Thursday, April 25 446406-01
Time: 11:30 a.m. - 2:00 p.m.
Ages: 21 years & up
Location: Krueger Park Activity Room C
Min/Max: 12/16
Fee: \$17 Resident, \$19 Non-Resident

Open Gym - Basketball (Unscheduled) 641675-02

Any open gym for basketball (not designated) will require a small fee to play. Call 708-599-7337 for availability. 18 years & older. **Fee: \$5 Resident/\$7 Non-Resident CASH ONLY**

Acting for Adults 446402-01

This class is intended for both beginning and more advanced actors. Focus will be on developing the actor's instrument, as well as work on scripted material, including scene work and audition pieces. Actors will be encouraged to give each other feedback, so that they are fully participating at all times.

Dates: March 6 - April 24
Day: Wednesday
Time: 6:30 p.m. - 8:30 p.m.
Ages: 18 years & up
Location: Krueger Park Rec. Activity Room C
Min/Max: 8/16
Fee: \$86 Resident \$91 Non-Resident

Dominoes

This is an easy game with simple rules, but the fun is limitless. Lunch will be served around noon.

Day & Date: **Friday, February 2** 356316-01
Friday, March 15 456416-01
Friday, April 19 456416-02
Time: 11:00 a.m. - 2:30 p.m.
Ages: 25 years & up
Location: Krueger Park Activity Rooms A & B
Min/Max: 20/35
Fee: \$12 Resident, \$14 Non-Resident

Progressive Rummy

Progressive Rummy is a very easy game to learn. Each hand has a different wild card. Register for this enjoyable day at Krueger Park.

Day & Date: **Friday, January 12** 356345-01
Friday, March 8 456445-01
Friday, May 3 456445-02
Time: 11:00 a.m. - 2:30 p.m.
Ages: 50 years & up
Location: Krueger Park Activity Rooms A & B
Min/Max: 20/35
Fee: \$12 Resident, \$14 Non-Resident

Pinochle

Do you like playing cards? How about Pinochle? The other participants will teach you how to play the entertaining game of Pinochle. Once you learn, you'll be hooked forever.

Day & Date: **Friday, February 16** 356302-01
Tuesday, March 26 456402-01
Time: 11:30 a.m. - 2:00 p.m.
Ages: 50 years & up
Location: Krueger Park Activity Room C
Min/Max: 8/30
Fee: \$12 Resident, \$14 Non-Resident