

# YOUTH ACTIVITIES

## Artventure

426404-01

Does your child like to create things from imagination? Then come and join us for a class where your child can explore a blend of creativity and hands-on fun! Children can unleash their imagination as they engage in a wide range of crafts such as making a bird feeder, snow globes and many more!

**Dates:** February 8 - March 7

**Day:** Thursdays

**Time:** 5:45 p.m. - 6:45 p.m.

**Ages:** 7-12 years

**Location:** Krueger Park Activity Room C

**Min/Max:** 6/12

**Fee:** \$43 Resident, \$48 Non-Resident

## I've Got Game

Kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Teamwork, good sportsmanship, and fun are all stressed in this exciting class. **NOTE: Fee includes a t-shirt.**

**Dates:** Jan 10 - Feb 21 321323-01  
Mar 6 - Apr 17 421423-01

**Day:** Wednesday

**Time:** 5:00 p.m.- 6:00 p.m.

**Ages:** 7-9 years

**Location:** Krueger Park Gym South

**Min/Max:** 8/15

**Fee:** \$50 Resident, \$55 Non-Resident

## Hit & Run ~ Tennis

421458-01

These group lessons are designed for students who love the game of tennis. Hone your skills on our courts with fellow tennis enthusiasts.

**Dates:** April 15 - May 20

**Day:** Monday

**Time:** 5:00 p.m. - 6:00 p.m.

**Ages:** 8-12 years

**Location:** Krueger Park Tennis Courts

**Min/Max:** 7/10

**Fee:** \$46 Resident, \$51 Non-Resident

## Rim Seekers

This 7 week class is the perfect class for the future basketball star. This class is going to be game based so your child will get to know the flow of playing in a real basketball game. Games will be played every week and will be paused throughout the game for teaching. Other games like 3pt contests, knockout, and free throw contests will also be played. Team work, good sportsmanship and fun are all stressed in this exciting class.

**NOTE: Fee includes a t-shirt.**

**Dates:** Jan 10 - Feb 21 321378-01  
Mar 6 - Apr 17 421478-01

**Day:** Wednesday

**Time:** 5:00 p.m.- 6:00 p.m.

**Ages:** 10-14 years

**Location:** Krueger Park Gym North

**Min/Max:** 8/15

**Fee:** \$50 Resident, \$55 Non-Resident

## MMA - Mixed Martial Arts

Students will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills – all while having fun! This is done through our structured monthly curriculum. Students will focus on Boxing, Kickboxing, Jujitsu and Wrestling technique each month, as well as two “Mat Chat’s” where we cover important lessons such as focus, confidence, and gratitude.

**Dates:** Session I: Jan 4 - Feb 8 321308-02 Ages: 5-11 years  
Session II: Feb 22 - Mar 28 421408-01 Location: Krueger Park Gym South  
Session III: Apr 11 - May 16 421408-02 Min/Max: 6/20  
**Day:** Thursday Fee: \$92 Resident, \$97 Non-Resident  
**Time:** 6:00 p.m. - 7:00 p.m.

## Among Us Real Life Experience 406409-01

Does your child love the game Among Us? If so, we have the program for you! Come join us in a one-day program where we play the game Among Us around the park! We will explain the rules and concepts of the game and then have the kids recreate the game in real life! At the end of the game we will provide pizza and a drink for your child.

**Day & Date:** Wednesday, March 13

**Time:** 6:00 p.m. - 7:30 p.m.

**Ages:** 8-12 years

**Location:** Krueger Park Gym

**Min/Max:** 10/20

**Fee:** \$18 Resident, \$20 Non-Resident

## Mad Scientists

426418-01

Have an interest in science or creating experiments? Then dive into science during this fun, explosive, bubbling, colorful, and exciting class! All children become Mad Scientists as they explore different scientific topics, including chemistry, physics, biology, and geology. Each week, children will conduct exciting experiments and challenges.

**Date:** February 21 - March 20

**Day:** Wednesday

**Time:** 4:30 p.m. - 5:30 p.m.

**Ages:** 8-11 years

**Location:** Krueger Park Rec Center

**Min/Max:** 8/12

**Fee:** \$45 Resident, \$50 Non-Resident

# YOUTH ACTIVITIES

## Youth Pickleball

Look out basketball, baseball, and volleyball. There's a new ball game in town. It's called pickleball and it's dill-lightful! Ready to play the fastest growing sport in the country? Come and join us to learn the basic understanding of pickleball (the court, paddles, balls) and general skill development will having fun while learning.

**Date:** **January 29 - February 26** **321340-01**  
**March 11 - April 8** **421440-01**  
**Day** **Monday**  
**Time:** **5:30 p.m. - 6:15 p.m.**  
**Ages:** **8-12 years**  
**Location:** **Krueger Park Rec. Center**  
**Min/Max:** **6/12**  
**Fee:** **\$40 Resident, \$45 Non-Resident**

## Krueger Gardeners

**426410-01**

Spring gardens are magical places, full of new life and little mysteries just waiting to be discovered. Join for an adventure where kids will plant a seed and watch it grow through this 4-week course, where they'll learn all about gardening through play, exploring and nature-related crafts. Each week, children will explore plant parts and uncover what plants need to grow.

**Dates:** **April 3 - April 24**  
**Day:** **Wednesday**  
**Time:** **4:00 p.m. - 4:45 p.m.**  
**Ages:** **6-9 years**  
**Location:** **Krueger Park**  
**Min/Max:** **6/12**  
**Fee:** **\$35 Resident, \$40 Non-Resident**

## Trivia of Life

**426408-01**

Feeling smart? Feeling competitive? Join us for a night of trivia. Compete against other kids to see who the "Trivia Champion" is. We will use Kahoot! a web-based site that allows participants to play along with their cell phones when answering questions. We will keep questions age oriented such as movie, pop culture, and even educational. Prizes will be awarded to the top 3 at the end of the night. We will provide pizza and refreshments. **Note: A wireless internet device such as a cellphone or tablet is needed.**

**Day & Date:** **Thursday March 14**  
**Time:** **6:00 p.m. - 7:30 p.m.**  
**Ages:** **9-13 years**  
**Location:** **Krueger Park Activity Room A&B**  
**Min/Max** **10/20**  
**Fee:** **\$18 Resident, \$20 Non-Resident**

## Glow in the Dark Dodgeball

**421486-01**

Turn down the lights and put on some neon! Come out and enjoy a fun new way of playing dodgeball in the dark! A night full of fun, laughter, and pizza. Glowsticks will be given to wear, and pizza and refreshments will be served. Come with a bright shirt on and get ready to dodge, dip, and dive.

**Date:** **March 22**  
**Day:** **Friday**  
**Time:** **6:30 p.m. - 8:00 p.m.**  
**Ages:** **9-12 years**  
**Location:** **Krueger Park Gym**  
**Min/Max:** **10/20**  
**Fee:** **\$12 Resident, \$14 Non-Resident**

## Flag Football

**421444-01**

Catching and throwing are only part of Flag Football. Come and learn the basics of how to throw and catch a ball while learning the rules for playing Flag Football. Participants will form teams each week to play a game while understanding simple techniques to improve their game. **Note: Fee includes a t-shirt and equipment. No tackling allowed during this sport.**

**Dates:** **February 27 - April 2**  
**Day:** **Tuesday**  
**Time:** **4:30 p.m.- 5:30 p.m.**  
**Ages:** **9-13 years**  
**Location:** **Krueger Park Gym**  
**Min/Max:** **8/24**  
**Fee:** **\$54 Resident, \$59 Non-Resident**

## Recreational Volleyball

This instructional program for boys and girls will stress overhand serving, passing, setting, footwork and fun. Games will be held each week.

**Dates:** **January 11 - February 22** **321376-01** **Ages:** **10-16 years**  
**March 7 - April 18** **421476-01** **Location:** **Krueger Park Gym**  
**Day:** **Thursday** **Min/Max:** **7/12**  
**Time:** **4:30 p.m. - 5:45 p.m.** **Fee:** **\$48 Resident, \$53 Non-Resident**



# YOUTH ACTIVITIES/SOCCER

## Friday Hoops

Play basketball with your friends or just come out to shoot around. Pay at the door and enjoy fast break games. A maximum of 25 players are allowed in the gym at one time. **NOTE: All players must fill out a Friday Hoops form before participating.**

**Dates:** January 12 - May 31  
**Day:** Friday  
**Grades/Times:** 5th - 8th Grade 421436-01  
 4:00 p.m. - 6:00 p.m.  
 9th-12th Grade 431436-01  
 6:30 p.m. - 8:30 p.m.

**Location:** Krueger Park Gym  
**Min/Max:** 12/25  
**Fee:** \$6 (each day pay at the door, 5th - 8th)  
 \$8 (each day pay at the door, 9th - 12th)  
**Cash Only!**  
**NO Hoops March 22 & 29**

## Junior Wednesday Night Soccer 421419-01

This soccer league is for players 5 - 8 years of age. Each team will consist of 7 - 8 players. League will consist of 1 practice and 7 scrimmages. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

**Dates:** January 17 - March 6  
**Day:** Wednesday  
**Game Times:** 6:15 p.m. or 7:00 p.m.  
**Ages:** 5-8 years  
**Location:** Krueger Park Gym  
**Min/Max:** 21/30  
**Fee:** \$50 Resident, \$55 Non-Resident



## Wednesday Night Soccer 421487-01

This soccer league is for players 9 - 12 years of age. Each team will consist of 6 - 8 players. Each team will play 8 scrimmages. **NOTE: All players will receive a t-shirt. Parents interested in coaching should contact the Recreation Manager at 708-599-7337.**

**Dates:** January 17 - March 6  
**Day:** Wednesday  
**Game Times:** 7:00 p.m. or 7:45 p.m.  
**Ages:** 9-12 years  
**Location:** Krueger Park Gym  
**Min/Max:** 21/28  
**Fee:** \$50 Resident, \$55 Non-Resident

## Indoor Soccer - Little Kickers 311330-01

This introductory soccer league is a shortened version of our youth soccer program and is designed to help transition children into team play. Modified, non-competitive scrimmages will be played. This league will be run in a low key environment and coaches will be more hands on during games. **Birth date as of September 1, 2023** will determine division placement. A birth certificate may be requested if there is a question of a child's age. Scrimmages and practice times will vary from week to week and may be adjusted depending on number of teams formed. Coaches needed! **Your coach will notify you to let you know what time your first practice will be held.** Requests to be with another player will be taken on a separate request form when registering through November 11 but are not guaranteed. **Game times/practice times are approximate and are dependant on number of teams in each division.**

**Dates:** December - March  
**Day:** Saturday  
**Time:** 9:00 a.m. - 11:00 a.m.  
**Ages:** 4-5 Years  
**Location:** Oak Lawn Park District  
 9401 S. Oak Park Ave., Oak Lawn, IL  
**Min/Max:** 12/14  
**Fee:** \$80 Resident, \$90 Non-Resident

## Co-Ed Youth Indoor Soccer

Teams will be formed by a blind draft policy and will compete against teams from neighboring park districts. Teams will practice in December and will begin play in January. Scrimmages and practice times will vary week to week, and may be adjusted depending on the number of teams formed. **Birth date as of September 1, 2023** will determine age division. Birth certificates may be requested if there is a question of a child's age. Coaches needed! Sign up early! **Your coach will notify you to let you know what time your first practice will be held.** Requests to be with another player will be taken on a separate request form when registering through November 11 but are not guaranteed.

**NOTE: Game times/practice times are approximate and are dependant on number of teams in each division.**

**Dates:** December - March  
**Location:** Oak Lawn Park District  
 9401 S. Oak Park Ave., Oak Lawn, IL  
**Min/Max:** 12/16  
**Fee:** \$112 Resident, \$122 Non-Resident

Day:	Ages:	Time:	
Saturday	6-7	11:00 a.m. - 3:00 p.m.	321317-01
Saturday	8-9	3:00 p.m. - 8:00 p.m.	321317-02
Sunday	10-11	1:00 p.m. - 3:00 p.m.	321317-03
Sunday	12-13	3:00 p.m. - 6:00 p.m.	321317-04

## Horseback Riding Lessons

Staff will teach riders for pleasure or to show competitively. All riders must sign a release waiver and wear safety helmet while riding. Helmets are available to rent for \$2 per time. All riders must wear long pants. No shorts. All lessons are fully-supervised.

**NOTE: Bring your receipt to the stables to set-up time and day. Call stables at 708-598-7718 for more information or visit their website at [ntridingacademy.com](http://ntridingacademy.com).**

**Dates:**           **December-February**       **301310-01**  
                          **March-May**                   **401410-01**

**Location:**       **New Traditions Riding Academy**  
                          **10100 S. Kean Ave.**