

**Retirement Planning Today Course****246210-01**

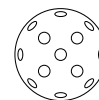
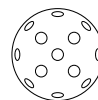
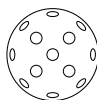
Join us for this two-day course where you will learn ways to determine the amount of money needed to retire along with other tips to plan your retirement income. This class will also help you understand how inflation can impact your retirement planning decisions. **Note: Refreshments and snacks will be included with the course.**

**Day & Date:** Wednesday, Sept. 25 & Oct. 2**Time:** 6:00 p.m. - 9:00 p.m.**Ages:** 50 years & up**Location:** Krueger Park Activity Room**Min/Max:** 8/16**Fee:** \$50 Resident, \$55 Non-ResidentRecommended  
by Staff**Instructional Pickleball**

Have you ever thought of trying to play Pickleball but not sure how to play? Well now is the time to learn the popular trend called Pickleball. It's a little like badminton, a little like tennis and a little like table tennis. The rules are short and simple and the racquets and balls are light weight. Played on a badminton sized court (two on a side) with a low net, the first team to score 11 points wins. We will instruct you on the rules and how to play the game.

**Dates:** Sept. 9 - Oct. 7 **241240-01**  
Oct. 21 - Nov. 18 **241240-02****Day:** Monday**Time:** 6:30 p.m. - 7:30 p.m.**Ages:** 16 years & up**Location:** Krueger Park Gym**Min/Max:** 8/16**Fee:** \$47 Resident, \$52 Non-Resident**Indoor Pickleball Open Gym** **341340-01**

Join this really fun and popular game! It's a little like badminton, a little like tennis and little like table tennis. The rules are short and simple and the racquets and balls are light weight. Played on a badminton sized court (two on a side) with a low net, the first team to score 11 points wins. Please bring your own paddles and balls, if you have them.

**Date:** Sept. 9 - Dec. 16**Day:** Monday**Time:** 7:30 p.m. - 9:00 p.m.**Ages:** 16 years & up**Location:** Krueger Park Gym**Min/Max:** 8/20**Fee:** \$5 Resident, \$7 Non-Resident**Open Gym - Basketball (Unscheduled)** **641675-01**

Any open gym for basketball (not designated) will require a small fee to play. Call 708-599-7337 for availability. 18 years & older. **Fee:** \$5 Resident, \$7 Non-Resident **CASH ONLY**

**Acting for Adults****346302-01**

This class is intended for both beginning and more advanced actors. Focus will be on developing the actor's instrument, as well as work on scripted material, including scene work and audition pieces. Actors will be encouraged to give each other feedback, so that they are fully participating at all times. **No Class Nov. 27**

**Dates:** October 9 - December 4**Day:** Wednesday**Time:** 6:30 p.m. - 8:30 p.m.**Ages:** 18 years & up**Location:** Krueger Park Rec. Activity Room C**Min/Max:** 8/16**Fee:** \$88 Resident \$93 Non-Resident**Wednesday Night Hoops** **641675-05**

Play basketball with your friends or just come out to shoot around. Water bottles are allowed. A maximum of 20 players will be allowed in the gym at one time. No spectators. Anyone not following the rules will be asked to leave with no refund up to being suspended from the program. **NOTE: No Hoops Oct 2. Pay at the door each night. CASH ONLY!**

**Dates:** September 4 - October 9**Day:** Wednesday**Time:** 7:00 p.m. - 9:00 p.m.**Ages:** 21 years & up**Location:** Krueger Park Gym**Min/Max:** 8/30 per session**Fee:** \$6 Resident (each day - pay at the door)

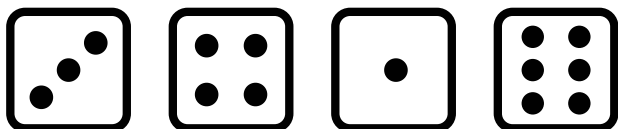
\$8 Non-Resident (each day - pay at the door)

## Farkle 246236-01

Enjoy an evening of Dice! Farkle is a dice game in which the goal is to get the highest score on the highest round of play. You will be treated to dinner and refreshments and a chance to win some fabulous gift certificates.

**NOTE: If you do not know how to play, come early and we will teach you before we get started. Dinner and refreshments will be served.**

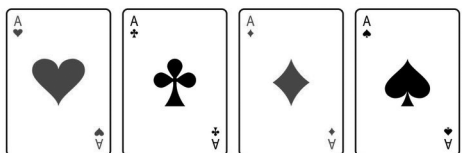
**Day & Date:** Friday, November 8  
**Time:** 7:00 p.m. – 9:00 p.m.  
**Ages:** 21 years & up  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 10/24  
**Fee:** \$16 Resident, \$18 Non-Resident



## “21 Double Down 256205-01

Do you love the game of “Blackjack”? We will enjoy lunch, refreshments, and dessert before trying our luck in cards. Many prizes will be awarded after the competition. All levels are welcome!

**Day & Date:** Thursday, October 10  
**Time:** 11:30 a.m. - 2:00 p.m.  
**Ages:** 21 years & up  
**Dealer:** Angel Sanchez  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 15/22  
**Fee:** \$17 Resident, \$19 Non-Resident



## Left, Center, Right 246221-01

LCR, short for “Left, Center, Right”, is a simple dice game to play. Participants roll three dice marked with 3 individual dots, Left, Center, and a Right. The point of the game is to roll a dot(s) in order to win the game. You will be treated to **pizza and refreshments**, and a chance to win some fabulous prizes.

**Day & Date:** Friday, September 27  
**Time:** 7:00 p.m. - 9:00 p.m.  
**Ages:** 21 years & Up  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 10/24  
**Fee:** \$16 Resident, \$18 Non-Resident

## Phase 10 246220-01

The goal of the game is to complete all ten phases, one round at a time. At the end of a round players will add up their score based on the number and type of cards left in their hand. The goal is to have the lowest score at the end of the game. Watch out, if you don't complete your phase in a round, you must repeat the phase in the next round! Gather some friends and play. Try different strategies to achieve the lowest score you can, but most of all have fun! You will be treated to dinner and refreshments and a chance to win some prizes.

**Day & Date:** Friday, October 25  
**Time:** 7:00 p.m. - 9:00 p.m.  
**Ages:** 21 years & up  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 10/24  
**Fee:** \$16 Resident, \$18 Non-Resident



## Texas Hold'em Poker Tournament 246206-01

Join us for this popular style of poker where prizes will be awarded after the competition. New players are welcome to play and learn while enjoying a boxed lunch and refreshments.

**Day & Date:** Thursday, November 14  
**Time:** 11:30 a.m. - 2:00 p.m.  
**Ages:** 21 years & up  
**Dealer:** Angel Sanchez  
**Location:** Krueger Park Activity Room C  
**Min/Max:** 12/16  
**Fee:** \$17 Resident, \$19 Non-Resident

# YOGA

## Chair Yoga

Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a chair. The chair replaces the mat and becomes an extension of the body. Bring a water bottle with you. Anyone can practice yoga regardless of age, experience, or level of flexibility – we can all benefit from yoga.

**Dates:** September 16 - October 21 251220-01  
November 4 - December 9 351320-01

**Day:** Monday

**Time:** 5:15 p.m. - 6:15 p.m.

**Ages:** 50 years & up

**Instructor:** Pam Lawrence

**Location:** Krueger Park Activity Room A & B

**Min/Max:** 10/24

**Fee:** \$54 Resident, \$59 Non-Resident

## Hatha Yoga

Hatha Yoga is about finding a balance between the body, mind, and spirit. Hatha yoga uses body poses, breathing techniques and meditation in hopes of bringing flexibility, and manage stress. It is always advisable, especially if pregnant, to consult a physician before undertaking any physical activity. Bring your mat and water bottle.

**Dates:** Sept. 16 - Oct. 21 243220-01  
Nov. 4 - Dec. 9 343320-01

**Day:** Monday

**Time:** 6:30 p.m. - 7:30 p.m.

**Ages:** 16 years & up

**Instructor:** Pam Lawrence

**Location:** Krueger Park Activity Room A & B

**Min/Max:** 8/14

**Fee:** \$54 Resident, \$59 Non-Resident